

## Grammar

1 Choose the correct option to complete the text.

**Future perfect?**

When all these experts talk about life in the future, there's always one thing that they never say: that people in the future <sup>0</sup>   c   in a pretty similar way to us today. When I <sup>1</sup> \_\_\_\_\_ up in the 1960s, the big year was 2000AD. Everyone said we <sup>2</sup> \_\_\_\_\_ in these amazing plastic and glass houses and regularly go on holidays to the moon. If every prediction that I had read back then had been right, I <sup>3</sup> \_\_\_\_\_ to work in my jet car as well as eating pills for breakfast, lunch and dinner. Instead, I sit on a crowded commuter train every morning and go to work in a boring office block that <sup>4</sup> \_\_\_\_\_ in the 1950s ... and looks like it! It's <sup>5</sup> \_\_\_\_\_ near as exciting as my childhood dreams of future London. Lunch is cheese and tomato sandwiches, and they're <sup>6</sup> \_\_\_\_\_ as boring as the ones from my childhood. The only real change that I notice is that the price of everything <sup>7</sup> \_\_\_\_\_ much more expensive since the start of the new millennium. I still can't <sup>8</sup> \_\_\_\_\_ to the idea that a coffee costs £3.50!

Now, my children think I'm just <sup>9</sup> \_\_\_\_\_ pessimist. But that's only because they don't know that things <sup>10</sup> \_\_\_\_\_ have changed much, much more. And that's the problem for me. The biggest shock about the twenty-first century is that life is so ordinary. It's not what we expected at all!

- 0 **a** live      **b** are living  
 **c** will be living
- 1 **a** had grown up  
**b** had been    **c** was growing up
- 2 **a** would live **b** were living  
**c** would have lived

- 3 **a** will now be flying    **b** would now be flying  
**c** would now have flown
- 4 **a** built      **b** had built      **c** was built
- 5 **a** never      **b** not            **c** nowhere
- 6 **a** a bit      **b** just            **c** slightly
- 7 **a** becomes    **b** is becoming    **c** has become
- 8 **a** be used to **b** get used to    **c** used to
- 9 **a** an old      **b** old            **c** the old
- 10 **a** could      **b** must           **c** would

Score [\_\_\_\_/10]

2 Write one word to complete the sentence (*isn't*, etc = one word).

- 0 By the end of the year, they '11 \_\_\_\_\_ have lived here for over 18 months.
- 1 I took my laptop back to the shop because it \_\_\_\_\_ been working properly.
- 2 I'd buy the DVDs online if I \_\_\_\_\_ you. They'll be a lot cheaper.
- 3 There's plenty \_\_\_\_\_ ice-cream. Have some more dessert!
- 4 Would you \_\_\_\_\_ if I go home early today?
- 5 If only you \_\_\_\_\_ listen to me! You never take my advice!

Score [\_\_\_\_/5]

3 Tick (✓) or correct the sentences.

- 0 Lara is the girl ~~what~~ you met last week.      that
- 1 We're visiting our new school at 3 p.m. on Monday.      \_\_\_\_\_
- 2 That's the hotel which we stayed last year.      \_\_\_\_\_
- 3 I'm feeling tired now because we've cycled all day.      \_\_\_\_\_
- 4 Do you remember going to that strange museum when we were on holiday?      \_\_\_\_\_
- 5 Olga hurt the back when she was skiing.      \_\_\_\_\_

Score [\_\_\_\_/5]

## Vocabulary

4 Complete the sentences with the correct form of the words in **bold**.

- 0 I'm leaving college next month so I'm going to apply for some jobs. **application**
- 1 Bill's depressed because he's \_\_\_\_\_ in debt. **heavy**
- 2 What's wrong? You look \_\_\_\_\_! **exhaustion**
- 3 My sister's a bit \_\_\_\_\_ because she's getting married next month. **nerve**
- 4 The weather's very \_\_\_\_\_ at the moment. It's sunny one minute, and raining the next! **change**
- 5 The flight was \_\_\_\_\_. We had to wait on the plane for hours before taking off, with no air conditioning, no food and children crying everywhere! **hell**

Score [\_\_\_\_/5]

5 Two options are correct. ~~Cross out~~ the incorrect one.

- 0 This information is *disabled* / *inaccurate* / *incomplete*. There's something wrong with it.
- 1 Downloading films without paying for them is *dishonest* / *illegal* / *impolite*.
- 2 My brother is so *impatient* / *irrelevant* / *unadventurous*. It really annoys me!
- 3 You need to *inform* / *say* / *tell* everyone about the change in the course.
- 4 The hotel was terrible. Everyone was *complaining* / *moaning* / *raising* about it.
- 5 There are a number of problems that we need to *enquire* / *mention* / *point out*.

Score [\_\_\_\_/5]

6 Write the words.

- 0 Michelangelo was a s c u l p t o r as well as a painter.
- 1 An e \_ \_ c \_ \_ \_ i \_ \_ is a person who puts cables, switches and lights in a building.
- 2 A s \_ \_ \_ e \_ \_ is a type of doctor who performs operations in hospital.
- 3 A p \_ \_ \_ \_ t is a person who is in hospital because they are ill.
- 4 A rock band is usually made up of a singer, guitarists, bassist and d \_ \_ \_ \_ r.
- 5 A h \_ \_ t \_ \_ is a person who kills animals in the wild.

Score [\_\_\_\_/5]

7 What is it?

- 0 It's money you receive regularly after you retire. **pension** \_\_\_\_\_
- 1 It's something you press with your foot to slow a car when you are driving. **b** \_\_\_\_\_
- 2 It's the round rubber part of the car (there are four of them). **t** \_\_\_\_\_
- 3 It's a hairstyle where you put a line in your hair and move some to the left and some to the right. **p** \_\_\_\_\_
- 4 It's the American English word for *courgettes*. **z** \_\_\_\_\_
- 5 It's a place under the ground where products like gold, salt or coal are extracted by industry. **m** \_\_\_\_\_

Score [\_\_\_\_/5]

## Reading

8 Read the text. Are the sentences True or False? If you don't have enough information, write 'Doesn't say'.

- 0 If you live a long time, it's probable that someone else in your family did too. Doesn't say
- 1 Alcohol is very dangerous for your health. \_\_\_\_\_
- 2 The author talks about an explorer. \_\_\_\_\_
- 3 It's good to talk. \_\_\_\_\_
- 4 Divorce can be bad for your health. \_\_\_\_\_
- 5 It's a good idea for older people to create an avatar. \_\_\_\_\_
- 6 Older people don't have to do organised sports to stay healthy. \_\_\_\_\_

Score [\_\_\_\_/6]



## How to live to be a hundred

Luck. That's the easiest way to live to be a centenarian (someone who's 100 years old). If you have inherited good genes from your parents, it's likely that you'll have a long life too. Of course, your own lifestyle decisions will still have a big effect on this, for both good and bad. One obvious example is smoking, something which takes years off your life. However, even there, you can limit the damage if you quit before 50. It really is your choice.

Like Ponce De León in his legendary search through South America for the fountain of youth, scientists have been researching longevity for years. Interestingly, their work has often involved simply asking the elderly for their secrets.

This is pretty easy because many centenarians are extremely chatty. Part of their success is that they get on well with other people. They usually have families and enjoy spending time with them (people who stay married are often healthier than single people.) Watching grandchildren grow up is incredibly important here.

Not only are grandchildren lots of fun, but they also keep older relatives in touch with the modern world. This is a good thing, because using the internet, either through webmail or social networking sites, can also help older people stay mentally healthy. For those who aren't online, doing a crossword every day can have a similar effect.

Diet is also key. Thin people live longer. Of course, most people in the West consume far more calories than they need: between 2,000 and 3,000 a day. In fact, the lower number here should be the maximum. Many centenarians consume much less than normal people, and avoid bad foods like crisps and fizzy drinks.

In addition to this, a half hour of exercise every day is good for the heart. This doesn't necessarily mean joining an aerobics group or a yoga club. People used to walk everywhere, and that's a habit that can really help you to have a healthy old age.

Finally, try to be an optimist. Research has shown that centenarians don't get stressed out about life. Don't worry, be happy – and keep healthy!

### 9 Read the text again. Answer the questions.

0 What factors help someone live to be 100?

Genes, lifestyle, diet and  
exercise can help.

1 How can people cure the damage from tobacco?

\_\_\_\_\_

\_\_\_\_\_

2 What do university researchers do to learn about a healthy old age?

\_\_\_\_\_

\_\_\_\_\_

3 How can technology help older people?

\_\_\_\_\_

\_\_\_\_\_

4 What game can help people keep a healthy mind?

\_\_\_\_\_

\_\_\_\_\_

5 How much should people eat?

\_\_\_\_\_

\_\_\_\_\_

6 How should people react to problems?

\_\_\_\_\_

\_\_\_\_\_

Score [\_\_\_/6]

**Listening**

10 **5.5** Listen to a conversation between two people. Complete the notes about Eli's grandma.

- 0 She's currently living in Kenya
- 1 Current job: \_\_\_\_\_.
- 2 Current home: \_\_\_\_\_.
- 3 Where she lived as a child: \_\_\_\_\_.
- 4 Disease she had: \_\_\_\_\_.
- 5 Education: \_\_\_\_\_.
- 6 Previous job: \_\_\_\_\_.
- 7 Time she's been in Africa: \_\_\_\_\_.
- 8 What she wants Elisa to buy: \_\_\_\_\_.

Score [ \_\_\_/8]

**Writing**

12 You saw this ad when you were reading *Adventures 2000* magazine. Now reply to the advert by writing a formal email. Write about 100 words. You want this information:

- How much? – information not in the advert
- When begin? How long - course?
- What kind of accommodation is available?

Score [ \_\_\_/10]

**Speaking**

11 In pairs, get a card from your teacher. Discuss with your partner.

Score [ \_\_\_/10]

← → ↻

**Learn to fly!**

Have you ever wanted to fly a plane? Now you can – at Danesfield Flight Centre. Courses are available for all adults aged 18 or older.

Write now to Nicole Briggs at Danesfield Flight Centre for more information.

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