

5&6 Revise and Check

For instructions on how to use these pages, see p.43.

STUDY LINK

- iTutor

Test and Assessment CD-ROMs

- Quick Test 6
- File Test 6

GRAMMAR

- | | | | | |
|-------|-----|-----|-----|------|
| a 1 c | 3 a | 5 b | 7 b | 9 a |
| 2 b | 4 b | 6 a | 8 c | 10 c |
- b 1 to be spending
2 started
3 to learn
4 travelling
5 pay
- 6 doesn't mind
7 would...win
8 hadn't been wearing
9 Had...told
10 wouldn't / couldn't live / wouldn't be living

VOCABULARY

- | | |
|----------|---------|
| a 1 with | 5 by |
| 2 behind | 6 on |
| 3 out | 7 at |
| 4 for | 8 about |
- b 1 cost
2 loaded
3 Fares
4 bucks
- 5 a mortgage
6 income
7 budget
8 donation
- c 1 minded
2 self
3 hand
4 worn
- 5 behaved
6 life
7 home
- d 1 cut
2 get
3 speak
4 proud
- 5 hooked
6 addicted
7 keen

CAN YOU UNDERSTAND THIS TEXT?

- a They both stay calm and don't take their work home.
- | | | | | |
|-------|-----|-----|-----|------|
| b 1 a | 3 b | 5 b | 7 b | 9 a |
| 2 c | 4 a | 6 c | 8 b | 10 b |

VIDEO CAN YOU UNDERSTAND THIS FILM?

3 40)))

- | | |
|-------------------------|------------------------|
| 1 public speaking | 6 interesting feedback |
| 2 clearly...confidently | 7 body language |
| 3 London; 1904 | 8 make...impact |
| 4 same skills | 9 positive note |
| 5 think, breathe, speak | 10 grow...confidence |

3 40))) Available as MP3 on CD3

A Short Film on giving presentations

Hi, I'm Louise. I work for a local newspaper here in London. I love writing and I really enjoy interviewing, but there's one thing about my job I really hate – and that's public speaking.

The problem is that no matter what work you do, speaking in public is almost impossible to avoid. These days, most roles require communication skills. From small presentations to big conference speeches, you need to be able to deliver a message clearly and confidently.

But for people like me this isn't easy. I find speaking in public terrifying. I become tense and nervous and find it very difficult to relax. So that's why I've come here – to the Royal Academy of Dramatic Art.

RADA first opened in the Haymarket in London in 1904. It offers training for theatre specialists, including actors, stage managers, directors, and designers. It has become one of the most famous acting schools in the world and some of the entertainment industry's biggest names have studied here.

But what am I doing here? Well, it's about time I overcame my fear of public speaking, and to do this I need to become a good actor.

After all, actors and public speakers use a lot of the same skills. Both should tell a story and both should engage an audience. Because of this, RADA run several public speaking courses. I've come here to develop an actor's approach to speaking effectively and Sandie – an actor for over 30 years – is going to show me the way.

The RADA approach to public speaking can be summarized in three words – think, breathe, speak. First, we're going to focus on the 'think' part.

At this stage, you talk through your concerns and set an objective for the session. Then you give a presentation in your usual style, and get some interesting feedback from Sandie.

If you can get your body language right, it will help your breathing and controlling your breath is central to good public speaking.

You learn to relax and find the power behind the voice through warm-up and breathing exercises.

Once you have mastered the thought and the breath you can finally speak. But this isn't as easy as it sounds.

It isn't always easy to speak naturally, but finally – after a lot of practice – the words start to flow. Now I can try a full paragraph.

You have to make an impact from the beginning, and Sandie gives you the A-B-C-D of the perfect opening.

And it's just as important to end on a positive note.

Speaking and communicating are two very different things, and communicating effectively takes skill, perseverance, and lots of hard work. Unfortunately it isn't as easy as just reading the right words; you need to tell the story, too. But if you can do this you will draw in your audience, and as they relax, you'll relax, too.

I still feel nervous about speaking in front of people, but at RADA I enjoyed public speaking for the first time, and the more I enjoyed it, the better I became. And that's what the RADA technique is all about. It gives you the skills to grow in confidence so, like an actor, you can face your audience with assurance rather than fear.