

GRAMMAR

1 Order the words to make questions and sentences.

Example: joys / the / many / are / language / a learning / of / .

The joys of learning a language are many.

- 1 my / I / used / motorcycle / brother's / .
- 2 Anita's / I / to / went / a / at / party / .
- 3 remember / you / can / price / the / car / of / the / ?
- 4 of / I'm / father's / friend / a / your / .
- 5 is / my / an / English / cousin / teacher / .
- 6 pot / that / you / see / can / flower / ?
- 7 director / Nikolai / a / is / company / .
- 8 hotel / most / Budapest's / is / this / famous / .

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2 Complete the sentences with *such* or *so*.

Example: It was so rainy that we decided not to go camping.

- 1 Guillermo and Susan are _____ nice people.
- 2 There was _____ much traffic, we were late.
- 3 Your brother is _____ handsome!
- 4 I've got _____ a lot of work to do this weekend.
- 5 He's _____ a good guitar player that he got a record deal when he was 17.
- 6 _____ lucky was Tim that he won the lottery twice.

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3 Underline the correct word(s).

Example: The faster / **more fast** I work, the sooner I finish.

- 1 John is nearly the **tallest** / **taller** child in his class.
- 2 **A** When should we leave for Rome?
B The **soonest** / **sooner** the better.
- 3 We've only got **a few** / **many** more hours before we go.
- 4 He's got **much** / **more and** more experience than me.
- 5 You just as clever **than** / **as** your brother, aren't you?
- 6 The presentation was three times **as long** / **longer** as it was supposed to be.

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Grammar total		20
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VOCABULARY

4 Complete the words in the sentences.

Example: A light dish served at the beginning of a meal is called a *starter*.

- 1 For **d** _____, I'd like to have chocolate cake and ice cream, please.
- 2 I eat almost everything except for **s** _____. Fish and mussels and so on make me feel ill.
- 3 Dan is a real **f** _____. He's always eating at the best restaurants, and he cooks delicious food at home, too.
- 4 I don't really enjoy **e** _____ food with fancy sauces and hundreds of ingredients. I think the best food is basic, with a nice, simple flavour.
- 5 Ever since I started my weekly **w** _____ at the gym last month, I feel so much better.
- 6 Doing yoga really improved my **f** _____. My back and legs used to be very stiff, but now they're really bendy!
- 7 I think you need a good sense of **h** _____ to be a successful manager. You have to be able to laugh at yourself.
- 8 Tim's joke was so **h** _____ that we couldn't stop laughing all afternoon.

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5 Underline the correct word.

Example: One of his great **strongs** / strengths / **strongnesses** is his patience.

- 1 You need really **ripe** / **weak** / **chopped** fruit to make the best baked figs.
- 2 If you don't know how **deep** / **high** / **short** the water is, you should never, ever jump or dive in.
- 3 Your abdominal muscles support your **weakness** / **trunk** / **stretch**.
- 4 **Frying** / **Scrambled** / **Melted** eggs are my favourite breakfast food.
- 5 We need to measure the **thick** / **thickth** / **thickness** of the new carpet and cut a bit off the bottom of the door.
- 6 Could you **stir** / **stuff** / **peel** this sauce for about five minutes while I chop the onions?

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6 Underline the odd word(s) out.Example: hip calf sit-up spine

- 1 a baking tray a chopping board a toasted sandwich a saucepan
- 2 puns wordplay cartoonist black humour
- 3 steam boil roast simmer
- 4 a physiotherapist a comedian a chef a stride
- 5 steamed mussels peeled shrimps grated cheese shellfish
- 6 witty amusing ripe funny

 6Vocabulary total 20

PRONUNCIATION

7 Match the words with the same sound.

chopped ~~grated~~ scrambled whipped
grilled steamed

Example: melted grated

- 1 baked _____, _____
- 2 boiled _____, _____, _____

 58 Underline the stressed syllable.Example: microwave

- 1 amusing
- 2 cartoon
- 3 basil
- 4 weakness
- 5 surreal

 5Pronunciation total 10Grammar, Vocabulary, and Pronunciation total 50

READING

Read the article and tick (✓) A, B, or C.

WHAT SPORT TEACHES CHILDREN

Many parents think that their children can learn a lot about good values and behaviour through sport. And it is certainly true that sport can teach children about such things as teamwork, complying with the rules of how something is done, fair play, and decency towards others. However, they also find that these good values are often contradicted when children watch sports on TV.

Professional sports people and coaches sometimes don't exhibit the standards of behaviour and fair play that parents hope their children will learn and show when they are playing sports, and indeed in all other areas of life. While watching sports on TV, the chances are that children will see professional players cheating, having tantrums, fighting, or abusing officials such as referees. In addition, it is highly likely that children will be aware of well-known cases of sports people being caught using drugs to improve their performance.

The danger of all this is that it could give children the idea that winning is all that counts and that the key point about sport is that you should win at all costs. Good behaviour and fair play aren't the message that comes across. Instead, it looks as if cheating and bad behaviour are perfectly reasonable ways of getting what you want. This message is reinforced by the fact that some of these sports people acquire enormous fame and wealth, making it seem that they are being handsomely rewarded either despite or because of their bad behaviour.

What can parents do about this? Well, they can regard sport on television as a good opportunity to discuss attitudes and behaviour with their children, both in sport and in life in general. They can sit down and watch the sport with the child. If the child likes a particular team or player, find out what it is about that team or player that appeals to the child. If you see a player swearing at the referee, get the child's opinion on that behaviour. Discuss whether that player's skill is more important than their behaviour. Ask what the child thinks the player's contribution to the team is – how should the player be behaving in that situation, is the player displaying a good attitude towards teamwork? Point out that no player can win a team game on their own, and that it's important for team members to work well together.

Another thing to focus on is what the commentators say. Do they frown on bad behaviour from players, think it's quite amusing or even seem to think it's a positively good thing? What do the officials do about bad behaviour? If they seem to let players get away with it, parents can discuss with children whether this is right or not and what

effect it has on the game. If they punish a player, perhaps by sending him off, parents can discuss with children the consequences of bad behaviour, both for that player and his teammates. And look too at the reactions of coaches and managers. Do they accept losing with good grace or scowl and show a bad attitude to it? Parents can use this to discuss attitudes to winning and losing and to remind children that both are part of sport – nobody can win all the time.

However, what children can learn from watching sports is by no means all about the negatives and parents should make sure they accentuate the positives too. They should emphasize to children the high reputation that well-behaved players have, not just with their teammates but also with spectators and the media. They can focus on the contribution made by such players during a game, discussing how valuable they are in the team. The message from this is that you can be the best possible player without any kind of bad behaviour. In the interviews after a game, they can point out to a child that the well-behaved players don't gloat when they win or sulk when they lose. Parents can draw attention to well-behaved sports people who achieve great fame and wealth, showing that a good attitude can lead to enormous success. And they can draw attention to how well these people conduct themselves in their personal lives and the good work they do for others when they are not playing. In other words, parents should get their children to focus on the positive role models, rather than the antics of the badly behaved but often more publicized players.

- In the first paragraph, the writer contrasts _____.
 A what sports people say about sport with how they behave
 B what parents think about sport with what children think about it
 C what children learn about sport with what they see
- What does the writer say about the bad behaviour of professional sports people?
 A They are unaware of its effect on children.
 B It can take many different forms.
 C Children don't like seeing or hearing about it.
- The writer says that children can be given the message that _____.
 A bad behaviour can be regarded as a good thing
 B you are only going to win if you behave badly
 C cheating at sport is often not noticed

WRITING

Read the beginning of an email to Simon from a friend and then write an email to the restaurant. It should be approximately 250 words.

Hi Simon,

As you know I went to Edinburgh last weekend to see Alex. We had a great time except that we spent far too much money on a very mediocre meal.

We went to The Dragon, which according to the website, serves exceptional food at affordable prices. We didn't look at the menu before going in so we couldn't believe it when we saw the prices. I wanted to leave, but Alex thought it would be rude. The waiters couldn't explain half the dishes on the menu – they had to ask the chef. The air conditioning wasn't working and it was incredibly hot. The food, when it finally arrived, wasn't even very good (everything tasted the same) and the portions were tiny.

I'm going to email the restaurant and complain. It was a complete waste of money!

Apart from that, the weekend was wonderful...

Writing total **10**

Reading and Writing total **20**

- 4 The writer says that parents watching sport on TV with their children should _____.
- A point out behaviour they disapprove of
- B find out their children's views on what they see
- C correct things that the children say about behaviour
- 5 Which of the following should parents discuss with children?
- A The idea that teamwork is more important than individual skill
- B The reason why a team with a badly behaved player lost a game
- C Why a team member is behaving badly
- 6 What does the writer say about commentators and officials?
- A Their reaction to bad behaviour is often unclear.
- B Their words and actions have a particularly significant effect on children.
- C They don't always show that they disapprove of bad behaviour.
- 7 After watching the reactions of managers and coaches, parents should point out that _____.
- A someone loses every game
- B bad behaviour can cause a team to lose
- C your reaction to losing is more important than your attitude when you win
- 8 What does the writer mean by 'accentuate the positives'?
- A Emphasize that most sports people behave well
- B Focus on the benefits of good behaviour
- C Stress that children's opinions are right
- 9 The writer says that parents should draw attention to the connection between _____.
- A how players behave and the amount of publicity they get
- B how players behave and how often they win
- C how players behave and what they do when they aren't playing
- 10 Which of the following best summarizes the writer's view in the article as a whole?
- A The way that sport is covered on TV should change.
- B Both good and bad behaviour in sport can teach children valuable lessons.
- C Children should not be encouraged to connect sport with fame and wealth.

Reading total **10**

7

Listening and Speaking

LISTENING

1 Listen to five people talking about things that went badly wrong when they were cooking. Match the speakers (1–5) to what caused the problem (A–H).

Speaker 1

Speaker 2

Speaker 3

Speaker 4

Speaker 5

A forgetting to do something

B cooking a large amount of food at once

C reading a recipe incorrectly

D cooking something for too long

E not knowing enough about a particular ingredient

F a belief that something was ready to be eaten cold

G an attempt to do something impressive

H being given incorrect information

5

2 Listen to an interview about humour in the workplace. Tick (✓) A, B, or C.

1 At the beginning of the interview, _____.

A Stanley emphasizes that his views are based on a great deal of research

B the interviewer suggests that Stanley's views might surprise some people

C the interviewer and Stanley agree that many workplaces lack humour

2 What does Stanley say about managers?

A Some of them are incapable of humour.

B Employees may be surprised if they use humour.

C They should show approval of employees' humour.

3 What is Stanley's advice about teams?

A One person can affect them a great deal.

B They should be frequently changed.

C Some benefit from humour more than others.

4 Stanley says that humour in the workplace should involve _____.

A people making fun of each other

B people regarding problems as amusing

C people suggesting that work doesn't matter

5 Stanley says that there is a danger that _____.

A some workers will not appreciate humour in the workplace

B managers will get the wrong impression of humour from workers

C too much humour can create the wrong atmosphere

5

Listening total 10

SPEAKING Student A

1 Ask your partner these questions.

1 What's your favourite meal?

2 What's your opinion of celebrity chefs?

3 Which sports are the most popular in your country?

4 Which sport would you most like to be good at?

5 How would you describe your own sense of humour?

2 Now answer your partner's questions.

3 Now talk about one of these statements, saying if you agree or disagree. Give reasons.

1 'Everyone should be taught how to cook at school.'

2 'Money has a bad effect on sport.'

3 'There are some subjects that people should never make jokes about.'

4 Now listen to your partner. Do you agree with him / her?

Speaking total 15

Listening and Speaking total 25

SPEAKING Student B

- 1 Answer your partner's questions.
- 2 Now ask your partner these questions.
 - 1 How good are you at cooking?
 - 2 What are the most common dishes in your country?
 - 3 Which sports do you like watching on TV?
 - 4 What are the most important sports events in your country?
 - 5 What's the funniest film or TV programme you've seen recently?
- 3 Listen to your partner. Do you agree with him / her?
- 4 Now talk about one of these statements, saying if you agree or disagree. Give reasons.
 - 1 'Frozen foods have been a terrible invention.'
 - 2 'Sport should not be compulsory at school.'
 - 3 'Not having a sense of humour is a major disadvantage in life.'

Speaking total 15Listening and Speaking total 25

7 Answer Key

Grammar, Vocabulary, and Pronunciation

GRAMMAR

- 1**
- 1 I used my brother's motorcycle.
 - 2 I went to a party at Anita's.
 - 3 Can you remember the price of the car?
 - 4 I'm a friend of your father's.
 - 5 My cousin is an English teacher.
 - 6 Can you see that flower pot?
 - 7 Nikolai is a company director.
 - 8 This is Budapest's most famous hotel.
- 2**
- 1 such
 - 2 so
 - 3 so
 - 4 such
 - 5 such
 - 6 So
- 3**
- 1 tallest
 - 2 sooner
 - 3 a few
 - 4 much
 - 5 as
 - 6 as long

VOCABULARY

- 4**
- 1 dessert
 - 2 seafood
 - 3 foodie
 - 4 elaborate
 - 5 workout
 - 6 flexibility
 - 7 humour
 - 8 hilarious
- 5**
- 1 ripe
 - 2 deep
 - 3 trunk
 - 4 Scrambled
 - 5 thickness
 - 6 stir
- 6**
- 1 a toasted sandwich
 - 2 cartoonist
 - 3 roast
 - 4 a stride

7 Answer Key

- 5 grated cheese
- 6 ripe

PRONUNCIATION

- 7 1 chopped, whipped
- 2 scrambled, grilled, steamed

- 8 1 amusing
- 2 cartoon
- 3 basil
- 4 weakness
- 5 surreal

Reading and Writing

READING

- 1 C
- 2 B
- 3 A
- 4 B
- 5 A
- 6 C
- 7 A
- 8 B
- 9 C
- 10 B

WHAT SPORT TEACHES CHILDREN

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The danger of all this is that it could give children the idea that winning is all that counts and that the key point about sport is that you should win at all costs. Good

7 Answer Key

behaviour and fair play aren't the message that comes across. Instead, (3) it looks as if cheating and bad behaviour are perfectly reasonable ways of getting what you want. This message is reinforced by the fact that some of these sports people acquire enormous fame and wealth, making it seem that they are being handsomely rewarded either despite or because of their bad behaviour.

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WRITING

Student's own answers.

7 Answer Key

Task completion: The task is fully completed and the answer easy to understand. (4 marks)

Grammar: The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

Vocabulary: The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

Listening and Speaking

LISTENING

- 1**
- 1 E
 - 2 B
 - 3 H
 - 4 F
 - 5 G

- 2**
- 1 B
 - 2 C
 - 3 A
 - 4 B
 - 5 C

SPEAKING

Interactive communication and oral production: The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation, and responding. The student uses appropriate strategies to complete the task successfully. (10 marks)

Grammar and Vocabulary: The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

Pronunciation: The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

FILE 7

Listening 1

- Speaker 1** I had a bit of a cooking disaster once I was cooking for my in-laws and new wife and I decided to make a chilli con carne, and I'd made this meal lots of time before but I'd always used tinned red kidney beans and this one particular time I thought I'd use, you know, normal kidney beans that you have to soak or whatever, so I soaked them overnight and that was all fine, but what I didn't realize was you also had to cook them before they went in the chilli con carne, I thought soaking them was enough. So I made the chilli con carne, put in the chick, the kidney beans, stirred it all round about for five minutes, thought I'd made a lovely meal, served it up and of course the red kidney beans were rock hard and nobody could eat them, so a few people were trying to be a bit polite and trying and crunch them up, but that's not very healthy, so they took them out so basically we had chilli without the meat, without the ... well with the meat but without the beans.
- Speaker 2** I've only ever had one cooking disaster. Honestly. Calamares. I wanted to deep fry the calamares and everybody was very hungry and I hadn't made a batter, I'd just done a quick flour, a seasoned flour mix in a plastic bag, which I'd put the squid rings into and then shake about so all the calamares gets covered in the flour, so it's just a dusting. I heated up the oil and as everyone was so hungry I didn't do it a little bit at a time, which is what I should have done, of course. I put too much of the calamari in the boiling oil, which then made the boiling oil bubble right over the saucepan and all onto the top of the cooker, and that is truly a cooking disaster.
- Speaker 3** I've just had like one of the most embarrassing cooking disasters, I was cooking for my husband and some friends of ours and we were actually on holiday in New Zealand and I decided to do my speciality dish which is a spicy chickpea and haloumi cheese chilli, now it's gone down so well with all my friends here in the UK, so I thought, 'Oh, I'll try it on my friends in New Zealand'. Now, unfortunately, over there you couldn't get chilli powder, you could only get chilli flakes and I had no idea how many chilli flakes I needed to put in, into the dish and I always used to put a teaspoon of chilli powder into mine, so I asked the guy that we were staying with and he said, 'Oh, with chilli flakes you have to put double the amount in', so I put in my two teaspoons full of chilli flakes into the dish and I'm sure you can imagine it was absolutely disgusting, it was completely inedible, literally blew your head off when you were trying to even smell it let alone take a taste of it, so yeah, I have to say that is my worst cooking disaster.
- Speaker 4** This is something that happened when I took my daughter to visit my mother-in-law and my mother-in-law was looking after her for the day. I dropped her off and said, 'Oh look here are some chicken drumsticks, this is what she likes for lunch' and left to go and do my job. I came back just after lunch and the children were still eating their meal, and my daughter looked up at me and said, 'Mummy, my chicken is quite chewy, it tastes nice but it's rather chewy', and I said, 'Oh, oh well that should be all right' and I looked more closely only to see that my daughter was eating a raw chicken drumstick. My mother-in-law had thought that the chicken drumsticks were already cooked. And they weren't, so I immediately told my daughter to stop eating the chicken, put it down and we waited to see if she would get ill or not, luckily she didn't.
- Speaker 5** Cooking disaster, yes, well I've had a few but the one that sticks out in my memory is when I was cooking a couple of sirloin steaks and to save a bit of time I'd already heated up the oil, it was olive oil actually in a frying pan but to save a bit of time I decided to sort of throw them flamboyantly across the kitchen and into the frying pan because I thought that looked quite chef-like, but as I threw the second one in it sort of landed with a flop and squirted boiling hot olive oil right up in the air and straight into my face. Actually it was all right because when I got to casualty they just gave me some codeine pills for the pain and just had a look, made sure my eye wasn't damaged and I just put a cold compress on it, and eventually it bubbled up into a bit of a blister here and there on my face and but then it went away.

FILE 7

Listening 2

Interviewer Today we're going to be looking at the importance of humour in the workplace. Now, a lot of people might think that having a laugh at work isn't really connected with efficiency or productivity. If you're having fun, you're not really working, you might think. But my guest today, Management Consultant Stanley Harper, thinks differently, don't you Stanley?

Consultant Absolutely. I think that humour is a vital ingredient in any successful workplace. The truth is that if people are working in a dull, humourless atmosphere, they don't feel motivated in their work. They find it hard to cope with challenges or changes, relationships between them are distant and lacking in warmth, and communications between them are not very good. All of these things can result in low morale and that can lead to low productivity.

Interviewer This is usually down to managers, isn't it?

Consultant Yes, if a manager shows no emotion and is serious and strict all the time, they're not going to encourage or motivate the people under them. They need to lighten up, smile sometimes, show that they appreciate people's good work and make sure that there's some fun in the workplace. And they need to show that a sense of humour is not just acceptable but a positive plus.

Interviewer How can they do that?

Consultant Well, for example, when they're putting teams together, they can make sure that each team contains at least one member whose sense of humour will make for a good atmosphere in the team as a whole. Someone whose attitude is that 'work is fun' will bring a lighter attitude to the team and help it to function efficiently and with a high level of energy.

Interviewer What kind of humour are we talking about here?

Consultant Well, first of all, people who are the first to laugh when something happens. This can prevent other people from getting depressed or anxious about a problem. It sets the tone, that something going wrong isn't the end of the world. It's important too that people laugh *with* other people, not *at* them. And also, it means people who take their work seriously but don't take themselves too seriously can laugh at themselves. This helps to put the people they're working with at ease.

Interviewer But isn't it a bit risky to emphasize humour, though? Couldn't this act against efficiency and encourage people to mess about?

Consultant Obviously it doesn't work if things go too far, and managers may need to keep a friendly eye on that. But the fact is, a happy worker is a good worker. You need to make people realize it's fine to laugh and crack jokes. Make sure there's some laughter in meetings. A sense of humour in the workplace makes people happier and they do their jobs better.