

UPPER INTERMEDIATE UNIT 4

4.1 Free time

1 Underline the correct alternatives.

- Why does she always look at me like that? It really *chills me out/ recharges me/winds me up*.
- It's time I took a holiday. I need to *chill/focus/recharge* my batteries.
- Sorry, what did you say? I *switched off/focused on/wound up* for a moment there.
- Stop getting so stressed and *recharge/chill out/switch off*!
- I *focus on/switch off/wind up* my hobby in the evenings to relax after work.

4.2 Positive adjectives

2 Put the letters in italics in the correct order to complete the sentences.

- The gardens at the Palace of Versailles are truly _____ *duelflight*!
- The views from Santorini are absolutely _____ *abathingtrek*.
- If you want a city break, Barcelona is the _____ *tcefreq* choice.
- The food on Koh Samui is truly _____ *tapelexicon*.
- The Blue Ridge Mountains are a _____ *busrep* location for hiking.
- Tourism has made _____ *facinginits* changes to life in The Maldives.
- Views of the Northern Lights are _____ *stingnun*.
- The Pyramids and the Parthenon are both _____ *lacsics* tourist attractions.

Uncountable and plural nouns

3 Complete the sentences with the correct form of the words in the box.

accommodation(s) equipment(s) glass(es) luggage(s)
outskirt(s) remain(s) toiletry(ies)

- Don't forget to pack light. You'll be carrying your own _____.
- I wish we could afford five-star _____.
- I hope we can see the _____ of that ancient city.
- Make sure you have the right _____ before you go climbing.
- I mustn't forget to pick up my reading _____.
- Don't forget to bring any _____ you need, like shampoo.
- We live on the _____ of the town.

4 Find and correct mistakes in five of the sentences. Tick the correct sentences.

- I'm sorry, the history course is full. There's no rooms left.
- The latest travel informations says there's an accident on the M1.
- Be careful on the water. The weather can change very quickly.
- I need some new furnitures for my living room.
- We should listen to Pete's advices and avoid travelling in the rainy season.
- Can we tune the radio to the local news station?
- All the latest scientific researches says the volcano is inactive.

4.3 Abilities

5 Complete the sentences with the words in the box.

hands headed how humour
inventive mind nature shape

- Mo works out four times a week. He's in great _____.
- Francesca loves computers and has a lot of technical know-_____.
- Faisal's got such a great sense of _____.
- Alex has got such a sharp _____.
- Angelica's creative and really good with her _____.
- Robert never panics in an emergency. He's cool-_____.
- I'm not sure anyone fully understands human _____.
- To be a designer, you have to be _____.

Sports and activities

- 6** Complete the sentences with a word or phrase. The first and last letters in each word are given.
- 1 Samantha's on the b_____l today. She knew all the answers.
 - 2 Rob broke a toe when he t_____d his opponent, but at least he s_____d a goal! What a shame we only d_____w the match.
 - 3 Don't forget the presentation will k_____k o_____f at 2.00p.m.
 - 4 It's not an easy problem to t_____e but we have to try.
 - 5 Studying at university is not the same as at school. It's a whole new b_____l g_____e.
 - 6 I don't have an exact figure, but it's in the b_____l p_____k of £500.
 - 7 I can't believe we just l_____t to the worst team in the region. We didn't s_____e one goal and our keeper l_____t in five!
 - 8 I've given you my offer. Now the b_____ 's in your c_____t.
 - 9 When you play b_____l, one player t_____s a ball and another tries to hit it with a bat.
 - 10 As anyone who p_____s chess will tell you, it takes a lot of thought to defeat an o_____t.

Focus on nouns

- 7** Complete the spidergram with the words in the box.

account belongings care concentration confusion
decade earnings ground laughter occasion
outskirts package pyjamas refreshments reaction
remains scenery surroundings truth transport

Countable nouns

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

Uncountable nouns

- 6 _____
- 7 _____
- 8 _____
- 9 _____
- 10 _____
- 11 _____
- 12 _____
- 13 _____

Plural nouns

- 14 _____
- 15 _____
- 16 _____
- 17 _____
- 18 _____
- 19 _____
- 20 _____

nouns

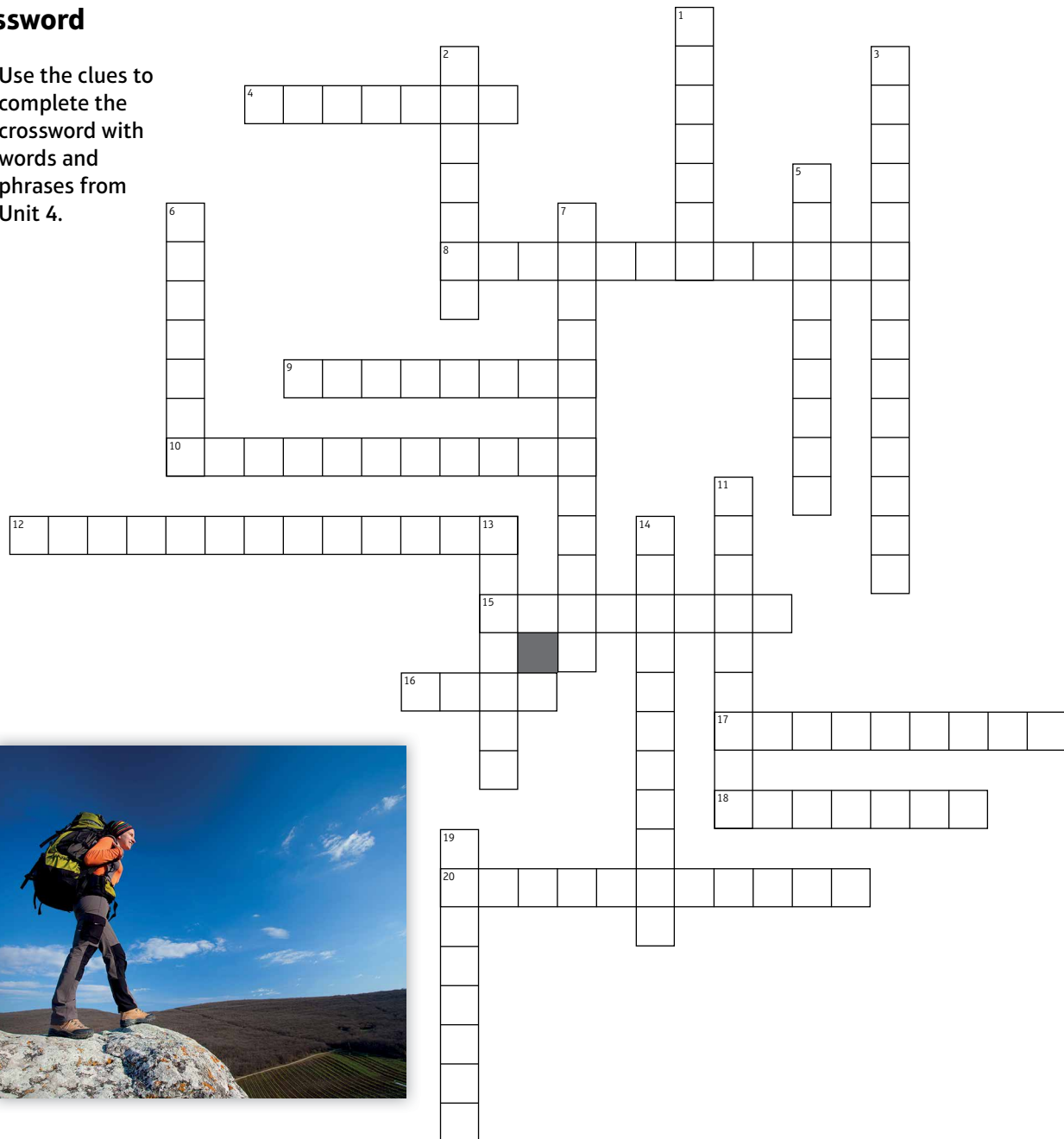
- 8** Underline the correct alternatives and use the words from Exercise 7 to complete the sentences.

- 1 Where is/are your _____? Go and put them on and get into bed.
- 2 _____ is/are sometimes a problem for Adam. He gets distracted easily.
- 3 All my _____ is/are in one suitcase – just a few books and my clothes.
- 4 A _____ is/are a long time to live in the same house.
- 5 There was/were a lot of _____ about where to go when the fire alarm went off.
- 6 Has it been raining? The _____ is/are really wet.
- 7 You'll love travelling around Japan. The _____ is/are really efficient there.
- 8 The _____ is/are excellent at this hospital. The nurses really look after the patients.
- 9 The _____ is/are sometimes hard to hear, but we don't like lies either.
- 10 The _____ of the town is/are much prettier than the centre.
- 11 _____ is/are available to buy at half time. Drinks and snacks are available.
- 12 My _____ has/have increased in recent years so my salary is quite good now.
- 13 My bank _____ has/have very little in it!
- 14 _____ is/are a kind of medicine. It always makes you feel better.



Crossword

- 9** Use the clues to complete the crossword with words and phrases from Unit 4.



Across

- 4** problem or difficulty (7)
8 very fit (2, 5, 5)
9 relax (5, 3)
10 very important, e.g. progress (11)
12 approximately (2, 3, 8)
15 what's inside something (8)
16 material that comes from a tree (4)
17 quick to understand (2, 3, 4)
18 give full attention to something (5, 2)
20 unusually good; better than expected, e.g. results (11)

Down

- 1** without error; 100 percent correct, e.g. place (7)
2 important/popular for a long time, e.g. car (7)
3 try to solve an issue (6, 1, 7)
5 examples: bus, train, motorbike (9)
6 what's left of something (7)
7 extremely impressive or beautiful, e.g. views (12)
11 stop listening or concentrating (6, 3)
13 start e.g. a meeting (4, 3)
14 the place where someone or something is (11)
19 get your energy back (8)