

Progress Test Files 6-10

Grammar, Vocabulary, and Pronunciation

A

GRAMMAR

1 Complete the sentences. Use the correct form of the verb in brackets.

Example: We don't fancy *going* (go) out tonight.

- Dogs must not _____ (bring) into the park unless they are on a lead.
- I enjoyed the film, despite _____ (see) it before.
- Carla denied _____ (leave) the car window open.
- It _____ (think) that the gang escaped in a black 4 x 4.
- People used _____ (give) longer prison sentences in the past.
- The art thieves are believed _____ (take) two priceless paintings.
- I'm so sorry – I completely forgot _____ (buy) any milk.
- I remember _____ (play) volleyball in the garden when I was little.
- Janet convinced me _____ (not go) straight to university after finishing school.
- The business is going to _____ (sell) next week.

10

2 Complete the sentences with one word.

Example: This packet of biscuits has already *been* opened – take it back to the shop.

- _____ of my sisters are older than me – I'm 23 and they're 26 and 29.
- Please close doors quietly so _____ not to disturb other residents.
- You _____ have spoken to your father like that, it was very rude.
- My brother's with me – he insisted _____ coming.
- Deirdre _____ have gone home – her coat is still on her chair.
- We love India, but we can't _____ used to eating spicy food every day.
- I loved the music, even _____ it was a bit too loud.
- _____ the cold, we had a brilliant time exploring Greenland.
- Sally looks _____ if she's had some really bad news. Is she OK?
- We'll have to leave that box. There's _____ more room in the van.

- I'm _____ to this kind of heat. I lived in Egypt before I moved here.
- Do you have a _____ of scissors? I need to cut some wrapping paper.
- That sounds _____ a really bad idea.
- I don't want a coffee, I'd _____ have a tea.
- I have good chats with my hairdresser while I'm _____ my hair cut.

15

3 Underline the correct form.

Example: It took me a long time to **be** / **get** used to being retired.

- I know it's difficult with this noise, but please try **to go** / **going** to sleep.
- We used to **live** / **living** in Scotland. It was nice, but the weather wasn't great.
- Do you feel **as if** / **like** watching a film tonight?
- I'm going to **get my car serviced** / **get serviced my car** tomorrow.
- I'm going to (-) / **the** hospital tomorrow to visit my aunt.
- All the staff in this restaurant **is** / **are** incredibly friendly.
- There'll be (-) / **a** terrible traffic if you leave now.
- Every** / **All** room in the hotel has a wonderful view.
- Any** / **None** of the children wanted to go ice-skating so we went bowling instead.
- Winter is a great time to go to **the** / (-) Canary Islands.
- You **can't** / **may** have seen Gary here yesterday. He took the day off.
- We're going for a walk this weekend, **whatever** / **however** the weather is like.
- Despite** / **In spite** of setting off late, we arrived in good time.
- I bought a book and a magazine in the shop. **The** / **A** book is for my sister.
- I recommend **to visit** / **visiting** the new Acropolis Museum in Athens.

15

Grammar total

40

VOCABULARY

4 Underline the odd word out.

Example: rash blister toothache sunburn

- 1 point wave kneel scratch
- 2 biased accurate sensational censored
- 3 robbery evidence blackmail fraud
- 4 heel calf wrist ankle
- 5 judge verdict jury witness
- 6 duvet pillow yawn blanket
- 7 commentator newsreader advert presenter
- 8 stalking robbery mugging burglary

8

5 Complete the sentences with the correct word(s).

Example: The boys were really tired after their journey.
 In fact, they were *exhausted*.
 exhausted desperate stunned

- 1 The film tells the story of a bank _____ that goes horribly wrong.
 burglary theft robbery
- 2 Government plan to _____ thousands of public sector jobs.
 clash axe quit
- 3 There was a big advertising campaign to _____ their latest mobile phone.
 produce launch manufacture
- 4 The conferences are _____, in June and November.
 multiannual postannual biannual
- 5 A _____ is somebody who studies rocks.
 physicist geneticist geologist
- 6 Have you ever asked for advice from the _____ in this newspaper?
 agony aunt critic paparazzi
- 7 I have to wake my brother up when he _____ because it's so loud!
 snores sleepwalks yawns
- 8 We _____ most of our manufactured goods from China.
 import expands export
- 9 Two men have been _____ with bribery.
 charged arrested questioned
- 10 My neighbours won't _____ if you park your car in front of their house.
 notice mind matter

10

6 Underline the correct word.

Example: I never raise / rise my voice in an argument.

- 1 The drug was withdrawn because of its harmful side **results** / **effects**.
- 2 We're looking for **volunteers** / **donors** to work in the charity shop on Saturdays.
- 3 We'll have to cut carbon emissions **sooner or later** / **now or never**.
- 4 Did you **notice** / **realize** whether the supermarket was open when we drove past?
- 5 **Remember** / **Remind** me to buy some stamps when we're in the newsagents.
- 6 My wallet was **stolen** / **robbed** from out of my jacket when I went to the toilet.
- 7 **I hope** / **expect** Helen will come on Saturday. It would be a shame not to see her.
- 8 It was a long and difficult journey, but we arrived **safe and sound** / **sound and safe**.
- 9 This branch **did** / **made** the biggest profit last year.
- 10 It's hard to find **biased** / **objective** journalism that isn't obviously left- or right-wing.
- 11 I've had plenty of **downs and outs** / **ups and downs** in my 20-year career.
- 12 Prices have **raised** / **risen** by over 10% during the last year.

12

Progress Test Files 6-10

Grammar, Vocabulary, and Pronunciation

A

7 Complete the words in the sentences.

Example: You should **brush** your teeth at least twice a day.

- 1 You're such a **h**_____ – you're always imagining that you're ill!
- 2 I've sent Jenny a lovely **b**_____ of flowers for her birthday.
- 3 I **l**_____ on the sofa all afternoon yesterday watching TV.
- 4 I'm so tired, I can't stop **y**_____.
- 5 The audience clapped so long that the singer gave another **e**_____.
- 6 I'd hate to suffer from **i**_____ because I love sleeping!
- 7 The traffic going past the hotel kept me **a**_____ all night.
- 8 This hard drive is so small you can hold it in the **p**_____ of your hand.
- 9 The men were tried, but **a**_____ because of a lack of evidence.
- 10 I always enjoy his reviews – I think he's the best film **c**_____ around.

10

Vocabulary total 40

PRONUNCIATION

8 Underline the stressed syllable.

Example: pre|sen|ter

- 1 co|mmen|ta|tor
- 2 lone|li|ness
- 3 black|mail
- 4 me|ga|ci|ty
- 5 or|ches|tra
- 6 com|pa|ny
- 7 sci|en|tist
- 8 con|vince
- 9 a|sto|nished
- 10 eye|brows

10

9 Match the words with the same sound.

advertisement heart refuse court **branch**
 jury theory tongue antisocial violin grow

Example: axe *branch*

- 1 **guilty** _____
- 2 **deny** _____
- 3 **judge** _____
- 4 **market** _____
- 5 **journalist** _____
- 6 **comb** _____
- 7 **law** _____
- 8 **review** _____
- 9 **lungs** _____
- 10 **volunteer** _____

10

Pronunciation total 20

Grammar, Vocabulary, and Pronunciation total 100

Progress Test Files 6-10

Reading and Writing

A

READING

1 Read the article. For questions 1–5, choose the correct answer (A, B, C, or D).

Beach heroes

There is no more welcome sight on beaches all over the world than a lifeguard.

You can spot the lifeguards a mile off – which is, of course, half the point. Not only do they wear highly **conspicuous** red-and-yellow uniforms, but somehow they manage to look better than the rest of us too.

'Last year, we only had to make five rescues,' says head lifeguard Rod Terry, 22. 'Another year, we helped 29 people in the space of three hours. You never know what you're going to be called upon to do, which is why you need lifeguards who can cope with any situation.' You'd think, of course, they'd all be keen to perform some public heroics, but Rod is quick to **rebuff** any such suggestions.

'As far as we're concerned, we'd far rather stop someone getting into trouble than have to get them out of it.' One of the lifeguards in Rod's team is 24-year-old Rebecca Surridge. She says, 'One minute you can find yourself dealing with minor cuts and grazes, and the next with a situation where one group of people on the beach is annoying another group. You have to handle things sensitively too.' Even if they do talk tough, the lifeguards have no legal authority with which to back up their words. 'We can only advise,' adds Rod. 'If someone wants to ignore a red flag, they're free to do so.' A red flag is what the lifeguards put out when the sea's too rough for swimming. Exactly when that moment is reached is something that Rod alone decides. A lifeguard since the age of 14, first as a volunteer, he's now a paid member of the town council's leisure services department. 'You take into account a variety of things: you listen to the weather reports and forecasts, and you assess the strength of the wind.' Other factors to be considered, depending on location, of course, are the dangers that may be lurking in the water.

The vast majority of swimmers take notice of a red flag, but there are always those who don't, and long before they start really getting into trouble, lifeguards will be on their way out to them, dragging with them a 'torpedo' buoy, which is a long sausage-shaped inflatable on the end of a rope. This can help them bring in swimmers suffering from **cramp** brought on by swimming too soon after a meal, or **fatigue** caused by swimming out too far. 'Then you get the silly ones who jump off the harbour wall,' sighs Rod. 'Mostly, though, swimmers stick within our exclusion zone.'

This is a 100 m x 100 m patch of sea. The **prime** rule of the exclusion zone is that boats are forbidden to enter it – and humans forbidden to leave it. Even a rubber ring is pursued

and **retrieved**. If found floating out at sea, it could set off a coastal-wide emergency search.

At any one time, there are eight lifeguards on duty, either scanning the waves or patrolling the beach (lifebelts need checking, telephones need to be kept working in case of emergency calls). The team works five days a week, and constantly has to rotate tasks as this facilitates maximum degrees of attention. The other thing that keeps the lifeguards alert is the fact that they all get on well together. 'It's not as if we're all sitting there in silence,' says Lisa. 'We're always talking to each other, either in person or down the two-way radio.'

In fact, each summer season is something of an old friend's reunion; this is the seventh year Pete has worked here, while it's the fifth for Rebecca. Come winter time, they go off round the world – Pete's been surfing in Mexico and Rebecca's just back from Bali, Hawaii, and New Zealand. It's a case of not yet wanting to give up their seasonal, sunlit round of beaches. 'There's plenty of time for a proper job later,' says Rebecca.

- According to Rod Terry, lifeguards need to be ...
 - athletic.
 - flexible.
 - attentive.
 - hardworking.
- Rebecca Surridge says that lifeguards ...
 - operate in limited areas.
 - have limited powers over people.
 - are trained to deal with limited injuries.
 - watch over a limited number of people.
- According to the text, which factor affects a lifeguard's decision to put up a red flag?
 - the presence of something dangerous in the sea
 - the quality of the water in the sea
 - the environmental conditions
 - the number of swimmers
- In order to maintain their concentration levels, lifeguards ...
 - sometimes ask their colleagues for feedback.
 - regularly change the duties they perform.
 - usually take several days off each week.
 - often take long breaks during the day.
- It's common for a group of lifeguards ...
 - to have another job at the same time.
 - to meet up when they're not working.
 - to work together in the same location.
 - to go travelling together when the summer is over.

Progress Test Files 6-10**Reading and Writing** **A**

2 Match five of the **highlighted** words / phrases to the definitions.

Example: to bring or get something back *retrieve*

- 1 easily seen
- 2 an unkind refusal of an offer or suggestion
- 3 a sudden pain in your body when your muscles contract
- 4 feeling of being extremely tired because of hard work or exercise
- 5 the main or most important thing

	5
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Reading total		15
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WRITING

Write an article on one of the questions. Write 140–180 words.

- 1 Describe a piece of music that you like and explain why you like it.
- 2 How do you prefer to get the news and why?
- 3 What do you like and dislike about the place where you live?

Writing total		10
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Reading and Writing total		25
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Progress Test Files 6-10

Listening and Speaking

A

LISTENING

1 Listen to five people talk about things they collect as a hobby. Choose from the list (A–H) what each person enjoys most about their collection. Use the letters only once. There are three extra letters you do not need to use.

- A being reminded of visits I've made
- B using it for creative purposes
- C something they collect with friends
- D having something attractive to look at
- E showing it to other people
- F learning about the past
- G knowing it will increase in value
- H feeling proud of the achievement

- Speaker 1:
- Speaker 2:
- Speaker 3:
- Speaker 4:
- Speaker 5:

	5
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2 Listen to an interview with a snowboarder. Underline the correct answer.

- 1 Helen started snowboarding because she wanted to **join a local team / keep up with other family members / have an opportunity to excel in a sport.**
- 2 To learn new snowboarding tricks, Helen recommends **consulting an expert / watching video clips on the internet / making variations to moves you already know.**
- 3 The aspect of snowboarding Helen particularly likes is **perfecting a new move / putting in the physical effort required / pushing herself to a higher level.**
- 4 What does Helen say about the course she went on? **She did it as part of a special local project. / She was offered it while doing a holiday job at a nearby resort. / She was promised a job assisting the instructors if she completed it.**
- 5 In the immediate future, Helen plans to **pursue both academic study and professional snowboarding / focus on snowboarding at an international level / keep up her snowboarding by instructing others.**

	5
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Listening total		10
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SPEAKING

1 Make questions and ask your partner.

- 1 Which city / most like to visit and why?
- 2 What / do / if / president of your country?
- 3 you / rather / work indoors or outdoors? Why?
- 4 Which famous person / you like to look like? Why?
- 5 Which musical instrument / most like to learn how to play?
- 6 How / science helped us most in the last 100 years?
- 7 crime / last hear about?
- 8 If / could work on a newspaper, which job / like to do?
- 9 What social problems / your capital city have?
- 10 What / last advert you saw?

Now answer your partner's questions.

2 Listen to your partner. Do you agree with him / her?

3 Talk about one of the statements below, saying if you agree or disagree. Give reasons.

- 1 'In our lifetime, newspapers will become a thing of the past.'
- 2 'If you have to make a speech or presentation, it is best to prepare it very carefully and work from detailed notes.'
- 3 'It's better to live in a city which has good shops than a city which has good museums or art galleries.'

Speaking total		15
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Listening and Speaking total		25
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GRAMMAR
1 Complete the sentences with one word.

Example: This packet of biscuits has already *been* opened – take it back to the shop.

- Bob _____ have gone to work – his briefcase is in the hall.
- I like to read a magazine when I'm _____ my hair cut.
- You can't bring all those toys. There's _____ more room in the car.
- I need a _____ of scissors to cut this price tag off my new top.
- Denis is _____ to it being this cold. He used to live in Norway.
- _____ the bad weather, we had a really nice weekend.
- _____ of my brothers are taller than me – I'm 1.72m and they're 1.82m and 1.85m.
- We love Japan, but we can't _____ used to eating rice every day.
- Alice's plan sounded _____ a really good idea.
- We don't want to stay overnight, we'd _____ travel back this evening.
- Linda _____ have spoken to me like that – she was very rude.
- I enjoyed the party, even _____ the music was a bit too loud.
- You look _____ if you've had some very bad news. What's wrong?
- I've brought my sister with me – she insisted _____ coming.
- Please keep the volume of the TV low so _____ not to disturb other guests.

 15

2 Underline the correct form.

Example: It took me a long time to **be** / **get** used to being retired.

- We went to **(-)** / **the** hospital yesterday to visit my grandmother.
- Would you recommend **to visit** / **visiting** the Ashmolean Museum in Oxford?
- I've always wanted to go to **the** / **(-)** Galapagos Islands.
- We're going to have a picnic this Saturday, **whatever** / **however** the weather is like.

- She **can't** / **may** have seen Mary in the park yesterday. Mary was away in Paris.
- Every** / **All** office in the department has air conditioning.
- I know you're both very excited about tomorrow, but try **to go** / **going** to sleep now.
- Some of the staff in this café **is** / **are** very friendly and helpful.
- Despite** / **In spite** of missing the first song, we really enjoyed the concert.
- Do you want a bath or a shower? **The** / **A** bath is quite small.
- Does anyone feel **as if** / **like** going for a walk?
- There was **(-)** / **a** terrible traffic on the motorway, so I got there late.
- Any** / **None** of the students wanted to go to the museum so we went to the art gallery instead.
- I need to **get my car serviced** / **get serviced my car** very soon.
- I used to **live** / **living** in Wales. It was nice, but it rained a lot.

 15

3 Complete the sentences. Use the correct form of the verb in brackets.

Example: We don't fancy *going* (go) out tonight.

- Burglars used _____ (give) much longer prison sentences a few years ago.
- The thieves are believed _____ (take) over £1m in jewellery.
- Don't forget _____ (buy) some milk – there's hardly any left.
- Terry denied _____ (leave) the back door open.
- The company is going to _____ (sell) if we find a buyer next week.
- Do you remember _____ (play) badminton in the garden when we were little?
- My dad convinced me _____ (not go) to drama school, and I've always regretted it.
- Food from outside must not _____ (bring) into the café.
- I couldn't remember much about the film, despite _____ (see) it last week.
- It _____ (think) that the robbers escaped in a green van.

 10

Grammar total 40

VOCABULARY
4 Underline the correct word.

Example: I never raise / rise my voice in an argument.

- 1 I **hope** / **expect** Roger will go to the party. It would be a pity if he missed it.
- 2 The cost of petrol has **raised** / **risen** by over 40% during the last three years.
- 3 We flew through a big storm, but we arrived **safe and sound** / **sound and safe**.
- 4 Which branch of the company **did** / **made** the biggest profit last month?
- 5 The business has had its **downs and outs** / **ups and downs**, but it's still making a profit.
- 6 The charity I support is looking for **volunteers** / **donors** to work in their shop.
- 7 I didn't **notice** / **realize** if the museum was open as we walked past. Did you?
- 8 Could you **remember** / **remind** me to get some bread on the way home?
- 9 Our bags were **stolen** / **robbed** while we were sitting in the park.
- 10 The situation is urgent. We have to act **sooner or later** / **now or never**.
- 11 The drug is very effective and doesn't have any harmful side **results** / **effects**.
- 12 This news channel is owned by the government so the reports aren't **biased** / **objective**.

 12

5 Complete the words in the sentences.

Example: You should brush your teeth at least twice a day.

- 1 I hope the noise from next door didn't keep you **a**_____ last night.
- 2 I think this theatre **c**_____ writes the best reviews.
- 3 The satnav is small enough to hold in the **p**_____ of your hand.
- 4 Both women walked free from the court after being **a**_____.
- 5 I know you think I'm a **h**_____, but this illness isn't in my imagination.
- 6 Claire got sent a big **b**_____ of flowers from a secret admirer today!
- 7 I know you're tired, but could you try to stop **y**_____?
- 8 The audience shouted and clapped until the band came back for an **e**_____.
- 9 I used to suffer from **i**_____, but I sleep really well now.
- 10 I can't believe that you just **l**_____ on the sofa all weekend!

 10

6 Underline the odd word out.

Example: chapel law courts mosque temple

- 1 judge verdict jury witness
- 2 commentator newsreader advert presenter
- 3 duvet pillow yawn blanket
- 4 stalking robbery mugging burglary
- 5 point wave kneel scratch
- 6 robbery evidence blackmail fraud
- 7 biased accurate sensational censored
- 8 heel calf wrist ankle

 8

Progress Test Files 6-10

Grammar, Vocabulary, and Pronunciation

B

7 Complete the sentences with the correct word(s).

Example: The boys were really tired after their journey.
In fact, they were *exhausted*.

exhausted desperate stunned

- My dad _____ loudly when he sleeps – you can hear it everywhere in the house!
snores sleepwalks yawns
- Our club's general meetings are _____ – they're usually in March and October.
multiannual postannual biannual
- The three boys were _____ with vandalism.
charged arrested questioned
- Do you think your dad would _____ if we used his computer?
notice mind matter
- A _____ is an expert on rocks.
physicist geneticist geologist
- The _____ in this magazine gives very good advice.
agony aunt critic paparazzi
- There's been another bank _____ in London today.
burglary theft robbery
- The company _____ most of its food to France.
imports expands exports
- We're planning a major marketing campaign to _____ our new laptop.
produce launch manufacture
- Major car company to _____ 800 jobs.
clash axe quit

 10

Vocabulary total	<input type="text"/>	40
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PRONUNCIATION

8 Match the words with the same sound.

advertisement heart refuse court ~~branch~~
jury theory tongue antisocial violin grow

Example: axe *branch*

- journalist _____
- comb _____
- law _____
- judge _____
- volunteer _____
- review _____
- lungs _____
- guilty _____
- deny _____
- market _____

 10

9 Underline the stressed syllable.

Example: home|sick

- sci|en|tist
- eye|brows
- con|vince
- a|sto|nished
- co|mmen|ta|tor
- lone|li|ness
- me|ga|ci|ty
- or|ches|tra
- com|pa|ny
- black|mail

 10

Pronunciation total	<input type="text"/>	20
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Grammar, Vocabulary, and Pronunciation total	<input type="text"/>	100
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Progress Test Files 6-10

Reading and Writing **B**

READING

- 1 Read the article. For questions 1–5, choose the correct answer (A, B, C, or D).

The life of lifeguards

There is no more welcome sight on beaches all over the world than a lifeguard.

You can spot the lifeguards a mile off – which is, of course, half the point. Not only do they wear highly **conspicuous** red-and-yellow uniforms, but somehow they manage to look better than the rest of us too.

‘Last year, we only had to make five rescues,’ says head lifeguard Rod Terry, 22. ‘Another year, we helped 29 people in the space of three hours. You never know what you’re going to be called upon to do, which is why you need lifeguards who can cope with any situation.’ You’d think, of course, they’d all be keen to perform some public heroics, but Rod is quick to **rebuff** any such suggestions.

‘As far as we’re concerned, we’d far rather stop someone getting into trouble than have to get them out of it.’ One of the lifeguards in Rod’s team is 24-year-old Rebecca Surridge. She says, ‘One minute you can find yourself dealing with minor **cuts and grazes**, and the next with a situation where one group of people on the beach is annoying another group. You have to handle things sensitively too.’ Even if they do talk tough, the lifeguards have no legal authority with which to **back up** their words. ‘We can only advise,’ adds Rod. ‘If someone wants to ignore a red flag, they’re free to do so.’ A red flag is what the lifeguards put out when the sea’s too rough for swimming. Exactly when that moment is reached is something that Rod alone decides. A lifeguard since the age of 14, first as a volunteer, he’s now a paid member of the town council’s leisure services department. ‘You **take into account** a variety of things: you listen to the weather reports and forecasts, and you assess the strength of the wind.’ Other factors to be considered, depending on location, of course, are the dangers that may be lurking in the water.

The vast majority of swimmers take notice of a red flag, but there are always those who don’t, and long before they start really getting into trouble, lifeguards will be on their way out to them, dragging with them a ‘torpedo’ buoy, which is a long sausage-shaped inflatable on the end of a rope. This can help them bring in swimmers suffering from **cramp** brought on by swimming too soon after a meal, or **fatigue** caused by swimming out too far. ‘Then you get the silly ones who jump off the harbour wall,’ sighs Rod. ‘Mostly, though, swimmers stick within our exclusion zone.’

This is a 100 m x 100 m patch of sea. The **prime** rule of the exclusion zone is that boats are forbidden to enter it – and humans forbidden to leave it. Even a rubber ring is pursued

and **retrieved**. If found floating out at sea, it could set off a coastal-wide emergency search.

At any one time, there are eight lifeguards on duty, either **scanning** the waves or patrolling the beach (lifebelts need checking, telephones need to be kept working in case of emergency calls). The team works five days a week, and constantly has to rotate tasks as this facilitates maximum degrees of attention. The other thing that keeps the lifeguards **alert** is the fact that they all get on well together. ‘It’s not as if we’re all sitting there in silence,’ says Lisa. ‘We’re always talking to each other, either in person or down the two-way radio.’

In fact, each summer season is something of an old friend’s reunion; this is the seventh year Pete has worked here, while it’s the fifth for Rebecca. Come winter time, they go off round the world – Pete’s been surfing in Mexico and Rebecca’s just back from Bali, Hawaii, and New Zealand. It’s a case of not yet wanting to give up their seasonal, sunlit round of beaches. ‘There’s plenty of time for a proper job later,’ says Rebecca.

- Rod Terry says that lifeguards need to be able to ...
 - do all sorts of athletic moves.
 - pay attention to detail.
 - work very hard.
 - adapt easily.
- According to Rebecca Surridge, lifeguards ...
 - have restricted control over people.
 - work in a restricted number of areas.
 - are qualified to treat restricted injuries.
 - look after a restricted number of people.
- The ... influences a lifeguard’s decision to put up a red flag.
 - quality of the sea water
 - weather condition
 - presence of a threat in the sea
 - number of people on the beach
- How do lifeguards maintain their levels of concentration?
 - They take a long break each day.
 - They work no more than four days a week.
 - They ask other lifeguards’ opinions on their work.
 - They switch among the duties involved in their job.
- Lifeguards typically ...
 - take holidays together during the quieter months.
 - do a few different jobs simultaneously.
 - get employment in the same place.
 - socialize together in their free time.

Progress Test Files 6-10**Reading and Writing** **B**

2 Match five of the **highlighted** words / phrases to the definitions.

Example: to bring or get something back *retrieve*

- 1 to look at every part of something carefully
- 2 to be able to think quickly
- 3 to support what you say is true
- 4 small injuries on your skin
- 5 to consider particular facts when making a decision about something

	5
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Reading total		15
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WRITING

Write an article on one of the questions. Write 140–180 words.

- 1 Describe a piece of music that you like and explain why you like it.
- 2 How do you prefer to get the news and why?
- 3 What do you like and dislike about the place where you live?

Writing total		10
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Reading and Writing total		25
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Progress Test Files 6-10

Listening and Speaking

B

LISTENING

1 Listen to five people talk about things they collect as a hobby. Choose from the list (A–H) what each person enjoys most about their collection. Use the letters only once. There are three extra letters you do not need to use.

- A collecting with friends
- B knowing people will pay more for it
- C finding out about history
- D having something that looks nice
- E thinking about places I've been to
- F using it for artistic reasons
- G showing it to others
- H feeling proud of what I've collected

- Speaker 1:
- Speaker 2:
- Speaker 3:
- Speaker 4:
- Speaker 5:

	5
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2 Listen to an interview with a snowboarder. Underline the correct answer.

- 1 Helen became involved in snowboarding because she **was looking for a sport she could do really well at / was interested in joining the team in her hometown / didn't want to be left out by her family.**
- 2 Helen says the best way to learn new snowboarding tricks is to **check out video clips online / get advice from a professional / try altering moves you've already learned.**
- 3 While snowboarding, Helen especially enjoys **forcing herself to do better / using up the physical energy needed / getting a new move just right.**
- 4 What does Helen say about the course she went on? **She was asked to do it while working at a nearby resort. / She started it when she became involved in a particular local project. / She was offered employment with a team of local instructors if she finished it.**
- 5 Helen's plans for the immediate future involve **snowboarding competitively at an international level / studying at university while snowboarding professionally / maintaining her snowboarding knowledge by teaching others.**

	5
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Listening total	10
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SPEAKING

1 Answer your partner's questions.

Now make questions and ask your partner.

- 1 you / think / regret studying English? Why / Why not?
 - 2 What / do to make sure you sleep well?
 - 3 you / like to manage a company?
 - 4 you / rather live abroad or live in your own country? Why?
 - 5 Which member of your family / look like?
 - 6 When / listen to music?
 - 7 How / classical music / make you feel?
 - 8 How often / watch the news on TV?
 - 9 Which science / most important in the modern world? Why?
 - 10 What news stories / find / most depressing?
- 2 Talk about one of the statements below, saying if you agree or disagree. Give reasons.
- 1 'In the future, people will get all of their news from the internet rather than from TV or newspapers.'
 - 2 'Advertising should be banned from schools.'
 - 3 'Science is the most important subject at school.'
- 3 Listen to your partner. Do you agree with him / her?

Speaking total	15
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Listening and Speaking total	25
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Progress Test Files 6-10

Answer Key **A**

Grammar, Vocabulary, and Pronunciation

GRAMMAR

- 1**
- 1 be brought
 - 2 having seen
 - 3 leaving / having left
 - 4 is thought
 - 5 to be given
 - 6 to have taken
 - 7 to buy
 - 8 playing
 - 9 not to go
 - 10 be sold
- 2**
- 1 Both
 - 2 as
 - 3 shouldn't
 - 4 on
 - 5 can't
 - 6 get
 - 7 though
 - 8 Despite
 - 9 as
 - 10 no
 - 11 used
 - 12 pair
 - 13 like
 - 14 rather
 - 15 having / getting
- 3**
- 1 to go
 - 2 live
 - 3 like
 - 4 get my car serviced
 - 5 the
 - 6 are
 - 7 (-)
 - 8 Every
 - 9 None
 - 10 the
 - 11 can't
 - 12 whatever
 - 13 In spite
 - 14 The
 - 15 visiting

VOCABULARY

- 4**
- 1 kneel
 - 2 accurate
 - 3 evidence
 - 4 wrist
 - 5 verdict
 - 6 yawn
 - 7 advert
 - 8 stalking
- 5**
- 1 robbery
 - 2 axe
 - 3 launch
 - 4 biannual
 - 5 geologist
 - 6 agony aunt
 - 7 snores
 - 8 import
 - 9 charged
 - 10 mind
- 6**
- 1 effects
 - 2 volunteers
 - 3 sooner or later
 - 4 notice
 - 5 Remind
 - 6 stolen
 - 7 hope
 - 8 safe and sound
 - 9 made
 - 10 objective
 - 11 ups and downs
 - 12 risen
- 7**
- 1 hypochondriac
 - 2 bouquet
 - 3 lay
 - 4 yawning
 - 5 encore
 - 6 insomnia
 - 7 awake
 - 8 palm
 - 9 acquitted
 - 10 critic

Progress Test Files 6-10

Answer Key **A**

PRONUNCIATION

- 8**
- 1 co|mmen|ta|tor
 - 2 lone|li|ness
 - 3 black|mail
 - 4 me|ga|ci|ty
 - 5 or|ches|tra
 - 6 com|pa|ny
 - 7 sci|en|tist
 - 8 con|vince
 - 9 a|stonished
 - 10 eye|brows
- 9**
- 1 antisocial
 - 2 violin
 - 3 jury
 - 4 heart
 - 5 advertisement
 - 6 grow
 - 7 court
 - 8 refuse
 - 9 tongue
 - 10 theory

Reading and Writing

READING

- 1**
- 1 B
 - 2 B
 - 3 C
 - 4 B
 - 5 C
- 2**
- 1 conspicuous
 - 2 rebuff
 - 3 cramp
 - 4 fatigue
 - 5 prime

WRITING

Student's own answers.

Task completion: The task is fully completed and the answer easy to understand. (4 marks)

Grammar: The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

Vocabulary: The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

Listening and Speaking

LISTENING

- 1**
- Speaker 1: E
 Speaker 2: D
 Speaker 3: A
 Speaker 4: H
 Speaker 5: G

- 2**
- 1 keep up with other family members
 - 2 consulting an expert
 - 3 pushing herself to a higher level
 - 4 She was promised a job assisting the instructors if she completed it.
 - 5 focus on snowboarding at an international level

SPEAKING

Interactive communication and oral production:

The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation, and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

Grammar and Vocabulary: The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

Pronunciation: The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

Progress Test Files 6-10**Answer Key** **B****Grammar, Vocabulary, and Pronunciation****GRAMMAR**

- 1**
- 1 can't
 - 2 having / getting
 - 3 no
 - 4 pair
 - 5 used
 - 6 Despite
 - 7 Both
 - 8 get
 - 9 like
 - 10 rather
 - 11 shouldn't
 - 12 though
 - 13 as
 - 14 on
 - 15 as
- 2**
- 1 the
 - 2 visiting
 - 3 the
 - 4 whatever
 - 5 can't
 - 6 Every
 - 7 to go
 - 8 are
 - 9 In spite
 - 10 The
 - 11 like
 - 12 (-)
 - 13 None
 - 14 get my car serviced
 - 15 live
- 3**
- 1 to be given
 - 2 to have taken
 - 3 to buy
 - 4 leaving / having left
 - 5 be sold
 - 6 playing
 - 7 not to go
 - 8 be brought
 - 9 having seen
 - 10 is thought

VOCABULARY

- 4**
- 1 hope
 - 2 risen
 - 3 safe and sound
 - 4 made
 - 5 ups and downs
 - 6 volunteers
 - 7 notice
 - 8 remind
 - 9 stolen
 - 10 now or never
 - 11 effects
 - 12 objective
- 5**
- 1 awake
 - 2 critic
 - 3 palm
 - 4 acquitted
 - 5 hypochondriac
 - 6 bouquet
 - 7 yawning
 - 8 encore
 - 9 insomnia
 - 10 lay
- 6**
- 1 verdict
 - 2 advert
 - 3 yawn
 - 4 stalking
 - 5 kneel
 - 6 evidence
 - 7 accurate
 - 8 wrist
- 7**
- 1 snores
 - 2 biannual
 - 3 charged
 - 4 mind
 - 5 geologist
 - 6 agony aunt
 - 7 robbery
 - 8 exports
 - 9 launch
 - 10 axe

Progress Test Files 6-10

Answer Key **B**

PRONUNCIATION

- 8
- 1 advertisement
 - 2 grow
 - 3 court
 - 4 jury
 - 5 theory
 - 6 refuse
 - 7 tongue
 - 8 antisocial
 - 9 violin
 - 10 heart

- 9
- 1 sci|en|tist
 - 2 eye|brows
 - 3 con|vince
 - 4 a|sto|nished
 - 5 co|mmen|ta|tor
 - 6 lone|li|ness
 - 7 me|ga|ci|ty
 - 8 or|ches|tra
 - 9 com|pa|ny
 - 10 black|mail

Reading and Writing

READING

- 1
- 1 D
 - 2 A
 - 3 B
 - 4 D
 - 5 C
- 2
- 1 scanning
 - 2 alert
 - 3 back up
 - 4 cuts and grazes
 - 5 take into account

WRITING

Student's own answers.

Task completion: The task is fully completed and the answer is easy to understand. (4 marks)

Grammar: The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

Vocabulary: The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

Listening and Speaking

LISTENING

- 1
- Speaker 1: G
 - Speaker 2: D
 - Speaker 3: E
 - Speaker 4: H
 - Speaker 5: B

- 2
- 1 she didn't want to be left out by her family
 - 2 get advice from a professional
 - 3 forcing herself to do better
 - 4 She was offered employment with a team of local instructors if she finished it.
 - 5 snowboarding competitively at an international level

SPEAKING

Interactive communication and oral production:

The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

Grammar and Vocabulary: The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

Pronunciation: The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

PROGRESS TEST FILES 6-10

Listening 1

- Speaker 1** I've got about 350 dolls and they've even got their own room! I've picked them up over the years in the various places I've visited, and even though they're not worth lots of money or anything, I'm really proud of my collection. I love it when other collectors travel a long way just to admire mine. That's the best feeling, and I think it's something only fellow collectors understand!
- Speaker 2** Our living room's full of our local pottery. It's famous all over the world and I feel so proud that it comes from our little town. It's quite plain, but each piece costs a fair bit ... I don't mind all that though, because it really looks the part in our cabinet and everyone admires it.
- Speaker 3** Well, I've lived all over the place due to my father's job, and when I was little I started collecting postcards – one from everywhere I lived or had a holiday. I've got 100s of them now and they're all nicely filed in albums. Taking them out to show my friends is not really my thing, but every time I look at them, all those lovely memories come flooding back like I was in some of those places just yesterday. And that's a special thing!
- Speaker 4** I collect old cameras and I've got about 80 of them now. Some of them are still in perfect working order, so, in theory, you could take some great photos with them, I suppose. What's most satisfying for me though is the fact that several of these cameras were almost impossible to find, but I didn't give up, and got my hands on them eventually.
- Speaker 5** I've been collecting stamps since I was in primary school and I have 1000s now. Some people think it's a really boring thing to do, I think it's great. I'm really pleased by the fact that I've got so many unusual stamps because they're not easy to get your hands on. And best of all, I'll be laughing all the way to the bank, because this collection's apparently now worth a small fortune, and it'll go up even more.

PROGRESS TEST FILES 6-10

Listening 2

- Interviewer** With the winter ski season fast approaching, I'm joined in the studio today by local girl Helen Mathers, who's just turned professional in snowboarding. Helen, thanks for coming in today to chat to us.
- Helen** No problem ... thanks for having me.
- Interviewer** So, tell us ... how did you get into snowboarding in the first place?
- Helen** It all started several years ago now when we went on our yearly family winter holiday. I've always been competitive, and want to do really well at anything I do, and my older brother was into snowboarding in a big way and my Dad was hot on his heels, and I'm never one to be left out, so er, the rest is history as they say. I knew that there was no interest around these parts as there was no team, but I was hoping that'd change. So, yeah ... I went for it.
- Interviewer** There must have been a lot to learn.
- Helen** Oh yeah, I started from scratch.
- Interviewer** And I imagine you're continually learning. What do you recommend for learning new tricks then?
- Helen** Well, there's a lot of stuff on social media sites that you can watch any time you want, and that's really useful ... not necessarily the best thing to do though, as you're not seeing it first hand. For getting good advice, I'd say talking to a professional snowboarder is the way to go. People think they can always just modify the moves they already know ... mind you they're not entirely new moves then.
- Interviewer** What do you enjoy most about snowboarding, Helen?
- Helen** I love loads of things about it ... you know, all the effort I have to put into it, being out there in nature, practising and practising until I get something right ... all of that. Above all though, the chance to up my game, so to speak, and improve all the time. That's really satisfying!
- Interviewer** Presumably you're not self-taught and you took a course or something?
- Helen** That's right – I did. It wasn't long after the family holiday I mentioned earlier, actually. Anyway, I was there, getting on with it ... you know, working hard on learning the basics and so on, when I was approached and invited to go on one of the courses on offer there. And, by way of motivation, they said I'd have a role helping out the coaches in a local resort as soon as I finished. So I went for it!
- Interviewer** What a great opportunity! So, what's next for you, Helen?
- Helen** Good question. Well, there'll always be opportunities to teach snowboarding. The thing is, I've been doing that for a few years now, so I'm trying to take a step back from that side of things. I intend to get into it all on more of an international scale ... you know the winter games and stuff ... and that means that doing any further study will have to wait for a while, unfortunately.
- Interviewer** Well Helen, best of luck for the future then. I'm sure we haven't heard the last of you!
- Helen** Thanks very much.