

**GRAMMAR**

1 Complete the sentences. Use the correct form of the verb in brackets.

Example: *Have* you ever *been* (go) to Paris?

- 1 If I \_\_\_\_\_ (be) you I would ask them to raise my salary.
- 2 Could you call me back in half an hour? I still \_\_\_\_\_ (not read) your report.
- 3 'Ann doesn't like using Skype.' 'Neither \_\_\_\_\_ (do) Karl and I – we prefer the phone.'
- 4 If you \_\_\_\_\_ (have) headaches on and off for over a month, you should go to the doctor's.
- 5 We \_\_\_\_\_ (finish) mending your car by tomorrow, so come and pick it up then.
- 6 Who \_\_\_\_\_ (know) the answer to this question?
- 7 I wish I \_\_\_\_\_ (not wear) these shoes today. They're really uncomfortable.
- 8 Jo wishes she \_\_\_\_\_ (speak) Danish. Her company is sending her to Copenhagen.
- 9 Had my driving test been on a rainy day, I doubt I \_\_\_\_\_ (pass) it.
- 10 I \_\_\_\_\_ (talk) to Maria when Sam rang to say there was an urgent problem.
- 11 We'll go out as soon as you \_\_\_\_\_ (do) your homework.
- 12 How long \_\_\_\_\_ (sit) here? Are you waiting for someone?
- 13 We \_\_\_\_\_ (climb) for about an hour when the fog came down.
- 14 I hope everyone can come on the picnic. \_\_\_\_\_ (ask) Christina yet?
- 15 This time tomorrow I \_\_\_\_\_ (have) a massage at the health spa.
- 16 When I got to the bus stop I realized I \_\_\_\_\_ (leave) my mobile phone at home.

 16

2 Order the words to make sentences.

Example: cinema / you / yesterday / go / the / to / did  
*Did you go to the cinema yesterday?*

- 1 I've / sure / laptop / I'm / left / where / my / not
- 2 little / brown / bag / bought / lovely / Italian / yesterday / a / I
- 3 hardly / big / ever / for / we / time / breakfast / have / a
- 4 hadn't / you / bet / come / wish / lecture / you / to / I / this

- 5 set / sooner / the / there / we'll / get / quicker / we / off / the
- 6 as / soon / I'll / arrive / as / call / I / you
- 7 buying / are / who / red / that / you / hat / for / big / ?
- 8 police / report / had / station / my / to / went / that / I / the / someone / car / to / stolen
- 9 such / decided / barbecue / weather / have / it / hot / we / a / was / to
- 10 badly / wasn't / accident / the / in / woman / injured / the
- 11 before / were / we'd / driving / for / we / hours / realized / we / lost / been
- 12 is / have / where / do / bus / idea / station / you / any / the / ?

 12

3 Underline the correct form.

Example: I like sport, but my brother **does** / **doesn't**.

- 1 Come round at 7.30 – we'll **be having** / **have had** dinner by then.
- 2 I wish you **wouldn't be** / **weren't** so tall – it gives me neck ache to look at you!
- 3 **A** My brother went to Sri Lanka last year.  
**B Did** / **Has** he? I'd love to go there!
- 4 **The rich** / **The rich people** should pay a lot more tax than they do.
- 5 I speak a **little** / **bit** French.
- 6 Jim won't come on time. He's **late always** / **always late**.
- 7 Take a coat in case it **gets** / **will get** cold.
- 8 **The English** / **English** are always talking about the weather.
- 9 We did **tell** / **told** you we'd be closed yesterday. I remember mentioning it.
- 10 Your brother doesn't play rugby, **does** / **doesn't** he?
- 11 My sister won't want to stay long, and neither **will** / **does** her husband.
- 12 We had such **good** / **a good** time at Eric's we stayed till after midnight.

 12

 Grammar total  40

**VOCABULARY**
**4 Complete the words in the sentences.**

Example: My foot is so swollen I can't get my shoe on.

- I prefer an **a** \_\_\_\_\_ seat to a window seat on planes – you can get out easily.
- I've never felt so much emotion before – I was completely **o** \_\_\_\_\_.
- You've had a **s** \_\_\_\_\_ throat for three days now. You should go to the doctor's.
- The fog was so **t** \_\_\_\_\_ I could hardly see anything and I had to drive very slowly.
- If you don't have anything to declare, you can just walk straight through **c** \_\_\_\_\_.
- Petra is **a** \_\_\_\_\_ to eggs. She comes out in a rash if she eats any.
- You've cut your thumb! It's **b** \_\_\_\_\_ quite badly.
- We're having another **h** \_\_\_\_\_ this month. It's been over 35 degrees for three weeks.
- New York to Singapore is the longest non-stop **f** \_\_\_\_\_ – it takes 18.5 hours.
- High blood **p** \_\_\_\_\_ can be a result of diet and / or lifestyle.

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**5 Complete the sentences with the correct word(s).**

Example: John has twisted his ankle, so he can't walk very far.

hurt sore twisted

- I always wear these leather \_\_\_\_\_ when it's really hot.  
shoes sandals boots
- You won't get very wet if you leave now – it's only \_\_\_\_\_.  
drizzling pouring damp
- I always get very \_\_\_\_\_ before a job interview, but it's easier once it's started.  
relieved nervous offended
- I was really worried when Rob started \_\_\_\_\_ on that fish bone.  
fainting sneezing choking
- I just need to collect my suitcase from baggage \_\_\_\_\_ and I'll see you in Arrivals.  
check-in drop-off reclaim
- Vanessa's very \_\_\_\_\_. She always wears the latest clothes.  
scruffy trendy old-fashioned

- We were \_\_\_\_\_ when the festival was cancelled – we'd been looking forward to it.  
grateful disappointed relieved
- I didn't have much work earlier in the year, but I'm very busy \_\_\_\_\_.  
actually eventually at the moment
- I like that skirt, and it really \_\_\_\_\_ your top.  
suits matches fits
- You should wear a shirt and \_\_\_\_\_ for the awards ceremony – it's a formal event.  
collar bow tie

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**6 Underline the odd word out.**

Example: blister rash temperature x-ray

- gradually eventually in the end basically
- homesick fed up delighted devastated
- operation blister x-ray injection
- fit match suit undress
- freezing chilly boiling cool
- suede velvet lace hooded
- relieved offended desperate bewildered
- checked loose plain striped
- ulcer tumour rash pulse
- direct turbulence connecting long-haul

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# Progress Test Files 1-5

## Grammar, Vocabulary, and Pronunciation

A

### 7 Underline the correct word.

Example: My hotel is near / **nearly** the airport.

- I don't need to check anything in, I've only got hand **baggage** / **luggage**.
- Apparently** / **Ideally** we'd like to find a cottage not too far from the sea.
- This phone is **specialy** / **especialy** designed for older people.
- We've been working very **hardly** / **hard** recently. I hope things will get easier soon.
- That pizzeria's been open nearly a year and we **still** / **yet** haven't tried it.
- I hate having to eat in a rush. I prefer to take my **time** / **easy**.
- Dan's going to take **part** / **up** Tai Chi. There's a course starting in April.
- We usually go on a trip **at** / **in** the end of the school year.
- It's just an informal evening so there's no need to **dress up** / **get dressed**.
- I'm going to take **notice** / **advantage** of the dry weather and cut the grass.

10

Vocabulary total 40

### PRONUNCIATION

### 8 Match the words with the same sound.

homesick especially calm caught crew  
drought relieved freezing hijack nylon

Example: funny blood

- shower \_\_\_\_\_
- boarding \_\_\_\_\_
- loose \_\_\_\_\_
- allergic \_\_\_\_\_
- headache \_\_\_\_\_
- pressure \_\_\_\_\_
- cough \_\_\_\_\_
- striped \_\_\_\_\_
- heart \_\_\_\_\_
- breathe \_\_\_\_\_

10

### 9 Underline the stressed syllable.

Example: re|served

- poi|son|ing
- tem|pera|ture
- lone|li|ness
- fa|shio|na|ble
- a|li|e|na|tion
- e|spe|cia|lly
- change|a|ble
- de|vas|ta|ted
- sun|burn
- a|cco|mmo|da|tion

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Pronunciation total 20

Grammar, Vocabulary, and Pronunciation total 100

## Progress Test Files 1-5

### Reading and Writing

A

### READING

- 1 Read the article. For questions 1–5, choose the correct answer (A, B, C, or D).

## Mudlarking in London

Few hobbies combine collecting Roman **artefacts**, finding medieval coins, and discovering bodies. But the very British hobby of mudlarking is making a comeback.

Mudlarking is a pastime that has become more popular in the last few years in London. It involves going to the River Thames at low tide and digging in the mud for **valuable** objects. A person who goes mudlarking is called a mudlark.

Mudlarking has its origins in 18th-century London. But in those days, it wasn't a hobby at all. It was actually a way for many children – and those too old to be employed – to survive. This was at a time when there were hardly any bridges crossing the river, so most people caught boats across. Getting on and off the boats, people dropped things. These things were then found by mudlarks, the poorest level of society, who sold them to earn money, which would hopefully be just enough for a meal.

Steve Brooker is a modern-day mudlark and he's had this unusual hobby for 30 years. He's found everything from glass bottles and clay pots, to coins dating from Roman times right up to the present day. He says he has found many extraordinary things, but finding a human **skeleton** was particularly terrifying. He later found out the bones were 300 years old, but even so, it's an experience he is happy he hasn't repeated.

Steve often goes to the river near where he lives, but on the day I met him, he accompanied me in my boat to the east of the city. Steve was excited because he hadn't had a boat for a few years, and this meant he could reach an area where he hadn't been for some time. 'Getting **caught out** by the tide is a real danger,' Steve explains. He advises us, as he does with anyone he guides on the river, to watch for the water level and always have an **escape route**. We appear to be okay and our boat is our way on and off the Blackwall foreshore.

Apart from a permit, the only tools required for mudlarking are a bucket and something to dig with. At 25°C, we are lucky with the weather, but even on rainy days, keen mudlarks can be found by the water's edge. 'Every day, as the water level rises and falls it moves objects in the mud,' explains Steve. 'So it's possible to find really good things any time of the year.' Steve quickly fills his bucket with coins, Victorian pipes, old keys, and even a jar that he says came from an old food factory that used to be nearby. He knows exactly where to look and hardly digs down at all. After an hour, his top object is a metal toy from the 1800s.

Much of what he finds goes to local museums. 'That's what anyone who goes mudlarking usually does,' says Steve.

Steve explains why the river mud holds such treasure. 'It is anaerobic, which means it doesn't hold air. Therefore, anything in it stays in great condition,' he says. 'Once they are opened up to the air, however, their condition starts to break down, so mudlarking is all about keeping things that would otherwise **fall to pieces**'.

- In 18th-century London, mudlarking ...
  - was mainly done by the elderly.
  - was a popular hobby for boat owners.
  - was often practised by restaurant staff.
  - was a way for some young people to stay alive.
- What does the author say about Steve Brooker?
  - He has uncovered coins used in different periods of history.
  - He has discovered an animal's bones while mudlarking.
  - He hopes to continue this hobby for many more years.
  - He hopes he will find more bones soon.
- What advice does Steve offer other mudlarks?
  - They should buy a boat.
  - They should have a plan in case of an emergency.
  - They should travel up the river whenever they want to.
  - They should practise their hobby on all parts of the river.
- Steve says that for mudlarks, finding the best objects depends on ...
  - the tools.
  - the location.
  - the river.
  - the time of day.
- Most modern mudlarks ...
  - hold on to what they find.
  - clean what they find and then sell it.
  - hand over what they find to someone else.
  - keep what they find for ages and sell it at a later stage.

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**Progress Test Files 1-5**  
**Reading and Writing****A**

2 Match five of the **highlighted** words / phrases to the definitions.

Example: the structure of bones in a person *skeleton*

- 1 to be surprised by something
- 2 break easily
- 3 very useful or important
- 4 a way out in case of emergency
- 5 objects of historical interest

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Reading total		15
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**WRITING**

Write an article on one of the questions. Write 140–180 words.

- 1 What advice would you give to someone who wanted a healthier lifestyle?
- 2 In your country, what is in fashion for men and women at the moment?
- 3 What do you like to do in your spare time?

Writing total		10
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Reading and Writing total		25
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## Progress Test Files 1-5

### Listening and Speaking

A

#### LISTENING

- 1 Listen to five people talking about athletics. Choose from the list (A–H) what each person says they like most about their hobby. Use the letters only once. There are three phrases you do not need to use.

- A way of keeping fit
- B chance to visit various places
- C meeting famous athletes
- D working with good trainers
- E the variety of activities
- F opportunity to compete
- G chance to achieve a personal best
- H meeting new people

- Speaker 1:
- Speaker 2:
- Speaker 3:
- Speaker 4:
- Speaker 5:

	5
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- 2 Listen to two friends talking about a class they are going to join. Underline the correct answer.

- 1 Jack feels his photography skills are **beginner** / **intermediate** / **advanced** level.
- 2 Emma says she is **comfortable with** / **unsure about** / **interested in** cooking simple dishes.
- 3 Emma says that **she's not good at dancing** / **she'd prefer to go to a dance class with friends** / **she'd rather not take a dance class**.
- 4 Emma thinks she would prefer painting **places** / **objects** / **people**.
- 5 Jack offers to **lend Emma money for the class** / **send Emma information about the class** / **take Emma to the class**.

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Listening total	10
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#### SPEAKING

- 1 Make questions and ask your partner.
- 1 What / like doing / free time?
  - 2 What / the trendiest item of clothing / ever had?
  - 3 What / do / help the environment?
  - 4 anything / annoys you / people do?
  - 5 What / do if you have a headache?
  - 6 What / know about first aid?
  - 7 What kind of weather / think / good for sightseeing?
  - 8 How / think / the climate / changed / in 50 years?
  - 9 you / afraid / of flying? Why / Why not?
  - 10 enjoy / taking risks? Why / Why not?

Now answer your partner's questions.

- 2 Listen to your partner. Do you agree with him / her?
- 3 Talk about one of the statements below, saying if you agree or disagree. Give reasons.
  - 1 'We should always listen to what older people tell us.'
  - 2 'People waste too much time on their smartphones.'
  - 3 'A life without risk is a boring life.'

Speaking total	15
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Listening and Speaking total	25
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**GRAMMAR**
**1 Underline** the correct form.

Example: I like sport, but my brother **does** / **doesn't**.

- 1 **The rich** / **The rich people** don't always work harder than the poor.
- 2 Sam doesn't play cricket, **does** / **doesn't** he?
- 3 I did **tell** / **told** you I'd be coming by car. I definitely remember mentioning it.
- 4 I wish you **wouldn't be** / **weren't** so slim – I can never borrow your clothes!
- 5 We can speak a **little** / **bit** Russian.
- 6 Come to the hotel at 9.30 – we'll **be having** / **have had** breakfast by then.
- 7 Harry won't want to be out very late tonight, and neither **will** / **does** Paula.
- 8 Bring plenty of water to drink in case it **gets** / **will get** really hot.
- 9 **A** Suzanne went to Thailand in February.  
**B Did** / **Has** she? That must have been wonderful!
- 10 Don't expect Sally to be punctual. She's **late always** / **always late**.
- 11 I had such **good** / **a good** conversation with Barbara. It was lovely to see her again.
- 12 **The English** / **English** are not always as polite as they are supposed to be.

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**2 Complete** the sentences. Use the correct form of the verb in brackets.

Example: *Have* you ever *been* (go) to Paris?

- 1 Had my motorbike test been on a wet day, I'm sure I \_\_\_\_\_ (not pass) it.
- 2 This time on Monday I \_\_\_\_\_ (have) my final exam.
- 3 They \_\_\_\_\_ (finish) repairing my computer by Saturday, so I'll go and collect it then.
- 4 If I \_\_\_\_\_ (be) in your shoes, I would ask for a salary increase.
- 5 I wish I \_\_\_\_\_ (not wear) these trousers today. They're too warm for this weather.
- 6 How long \_\_\_\_\_ (sit) here? I'm sure I saw you when I went past this morning.
- 7 Is it okay if I ring you in an hour or so? I still \_\_\_\_\_ (not read) your report.
- 8 I hope lots of people can come to the party. \_\_\_\_\_ (ask) Alan yet?

- 9 If you \_\_\_\_\_ (have) stomach ache on and off for a month, you should see a doctor.
- 10 When I arrived at work I realized I \_\_\_\_\_ (leave) my briefcase on the bus.
- 11 'Jenny and Tim don't like swimming.' 'Neither \_\_\_\_\_ (do) our children.'
- 12 Bob wishes he \_\_\_\_\_ (speak) German. He's going to be working in Berlin a lot.
- 13 I \_\_\_\_\_ (talk) to my neighbour when you rang, so I didn't hear the phone.
- 14 I'll come for a walk as soon as I \_\_\_\_\_ (do) the ironing.
- 15 Who \_\_\_\_\_ (know) what the solution to this problem is?
- 16 I \_\_\_\_\_ (climb) for three hours when I realized that the weather was getting worse.

	16
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**3 Order** the words to make sentences.

Example: cinema / you / yesterday / go / the / to / did  
*Did you go to the cinema yesterday?*

- 1 buying / are / who / red / that / you / hat / for / big / ?
- 2 police / report / had / station / my / to / went / that / I / the / someone / car / to / stolen
- 3 nice / striped / dress / Ela / wearing / is / new / a / today
- 4 I've / sure / laptop / I'm / left / where / my / not
- 5 badly / wasn't / accident / the / in / woman / injured / the
- 6 little / brown / bag / bought / lovely / Italian / yesterday / a / I
- 7 before / were / we'd / driving / for / we / hours / realized / we / lost / been
- 8 idea / bus / come / do / what / have / any / next / time / will / you / the / ?
- 9 hadn't / you / bet / come / wish / party / you / to / I / this
- 10 I / as / soon / will / arrive / as / call / I / you
- 11 start / sooner / the / we'll / finish / earlier / we / the
- 12 hardly / big / ever / for / we / time / breakfast / have / a

	12
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Grammar total		40
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**VOCABULARY**
**4 Underline** the odd word out.

 Example: blister rash temperature x-ray

- 1 relieved offended desperate bewildered
- 2 passenger cabin pilot crew
- 3 checked loose plain striped
- 4 ulcer tumour rash pulse
- 5 gradually eventually in the end basically
- 6 homesick fed up delighted devastated
- 7 fit match suit undress
- 8 freezing chilly boiling cool
- 9 suede velvet lace hooded
- 10 operation blister x-ray injection

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**5 Underline** the correct word.

 Example: My hotel is near / nearly the airport.

- 1 That new Indian restaurant opened nearly a year ago and I still / yet haven't tried it.
- 2 I don't like cooking when I'm in a rush. I like to take my time / easy.
- 3 I might take part / up yoga next month – there's an evening class at my college.
- 4 This computer mouse is specialy / especialy designed for left-handed people.
- 5 You should take notice / advantage of the hot weather and go to the coast.
- 6 There's usually a big concert at / in the end of the school year.
- 7 You don't need to dress up / get dressed for the interview – it will be very informal.
- 8 If you've only got hand baggage / luggage, you don't need to queue at check-in.
- 9 Ideally / Apparently I'd like to study abroad for a year.
- 10 You've been working very hard / hardly today. Are you having a break soon?

 10

**6 Complete** the sentences with the correct word(s).

 Example: John has a sore throat and a headache.  
 hurt sore twisted

- 1 I think you look better in that skirt, and it \_\_\_\_\_ your shoes.  
suits matches fits
- 2 I'll go and pick my bag up from baggage \_\_\_\_\_ and meet you in Arrivals.  
check-in drop-off reclaim
- 3 We didn't have much to do at the beginning of the year, but we're busy \_\_\_\_\_.  
actually eventually at the moment
- 4 I was very \_\_\_\_\_ when the concert was cancelled – I'd looked forward to it for ages.  
grateful disappointed relieved
- 5 Put a shirt and \_\_\_\_\_ on for the drinks evening – it's quite formal.  
collar bow tie
- 6 We were worried when Petra started \_\_\_\_\_ on a peanut she'd swallowed.  
fainting sneezing choking
- 7 You don't need an umbrella to walk to the car – it's only \_\_\_\_\_.  
drizzling pouring damp
- 8 I need to buy some leather \_\_\_\_\_ – it's too hot to wear anything else at the moment.  
shoes sandals boots
- 9 Sandra is very \_\_\_\_\_ – she always wears the latest fashions.  
scruffy trendy old-fashioned
- 10 I felt very \_\_\_\_\_ before my speaking exam, but I was okay once it'd started.  
relieved nervous offended

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# Progress Test Files 1-5

## Grammar, Vocabulary, and Pronunciation

B

### 7 Complete the words in the sentences.

Example: Mary *sprained* her ankle when she was jogging in the park.

- 1 Anja's cut her foot! It's **b**\_\_\_\_\_ all over the floor.
- 2 I have to be careful with my diet because I have high blood **p**\_\_\_\_\_.
- 3 I wish this **h**\_\_\_\_\_ would end. It's been over 30 degrees for nearly a month.
- 4 The longest non-stop **f**\_\_\_\_\_ takes 18.5 hours, from New York to Singapore.
- 5 Could you take the **a**\_\_\_\_\_ seat? I much prefer to sit by the window.
- 6 We both felt so emotional, we were completely **o**\_\_\_\_\_.
- 7 There was thick **f**\_\_\_\_\_ this morning and I could hardly see the road.
- 8 You can go straight through **c**\_\_\_\_\_ if you're sure you've nothing to declare.
- 9 I'm **a**\_\_\_\_\_ to milk. I come out in a rash if I drink any.
- 10 I've got a **s**\_\_\_\_\_ throat and I can hardly speak.

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 Vocabulary total  40

### PRONUNCIATION

### 8 Underline the stressed syllable.

Example: re|served

- 1 a|li|e|na|tion
- 2 e|spe|cia|lly
- 3 change|a|ble
- 4 lone|li|ness
- 5 a|cco|mmo|da|tion
- 6 de|vas|ta|ted
- 7 sun|burn
- 8 poi|son|ing
- 9 tem|pera|ture
- 10 fa|shio|na|ble

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### 9 Match the words with the same sound.

homesick especially calm caught crew  
drought relieved freezing hijack nylon

Example: funny *blood*

- 1 cough \_\_\_\_\_
- 2 breathe \_\_\_\_\_
- 3 heart \_\_\_\_\_
- 4 loose \_\_\_\_\_
- 5 headache \_\_\_\_\_
- 6 boarding \_\_\_\_\_
- 7 allergic \_\_\_\_\_
- 8 shower \_\_\_\_\_
- 9 pressure \_\_\_\_\_
- 10 striped \_\_\_\_\_

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 Pronunciation total  20

 Grammar, Vocabulary, and Pronunciation total  100

## Progress Test Files 1-5

### Reading and Writing **B**

#### READING

1 Read the article. For questions 1–5, choose the correct answer (A, B, C, or D).

### Finding the past

Few hobbies combine collecting Roman artefacts, finding medieval coins, and discovering bodies. But the very British hobby of mudlarking is making a comeback.

Mudlarking is a pastime that has become more popular in the last few years in London. It involves going to the River Thames at low tide and digging in the mud for valuable objects. A person who goes mudlarking is called a mudlark.

Mudlarking has its origins in 18th-century London. But in those days, it wasn't a hobby at all. It was actually a way for many children – and those too old to be employed – to survive. This was at a time when there were hardly any bridges crossing the river, so most people caught boats across. Getting on and off the boats, people dropped things. These things were then found by mudlarks, the poorest level of society, who sold them to earn money, which would hopefully be just enough for a meal.

Steve Brooker is a modern-day mudlark and he's had this unusual hobby for 30 years. He's found everything from glass bottles and clay pots, to coins dating from Roman times right up to the present day. He says he has found many extraordinary things, but finding a human skeleton was particularly terrifying. He later found out the bones were 300 years old, but even so, it's an experience he is happy he hasn't repeated.

Steve often goes to the river near where he lives, but on the day I met him, he accompanied me in my boat to the east of the city. Steve was excited because he hadn't had a boat for a few years, and this meant he could reach an area where he hadn't been for some time. 'Getting caught out by the tide is a real danger,' Steve explains. He advises us, as he does with anyone he guides on the river, to watch for the water level and always have an escape route. We appear to be okay and our boat is our way on and off the Blackwall foreshore.

Apart from a permit, the only tools required for mudlarking are a bucket and something to dig with. At 25°C, we are lucky with the weather, but even on rainy days, keen mudlarks can be found by the water's edge. 'Every day, as the water level rises and falls it moves objects in the mud,' explains Steve. 'So it's possible to find really good things any time of the year.' Steve quickly fills his bucket with coins, Victorian pipes, old keys, and even a jar that he says came from an old food factory that used to be nearby. He knows exactly where to look and hardly digs down at all. After an hour, his top object is a metal toy from the 1800s.

Much of what he finds goes to local museums. 'That's what anyone who goes mudlarking usually does,' says Steve.

Steve explains why the river mud holds such treasure. 'It is anaerobic, which means it doesn't hold air. Therefore, anything in it stays in great condition,' he says. 'Once they are opened up to the air, however, their condition starts to break down, so mudlarking is all about keeping things that would otherwise fall to pieces'.

- In 18th-century London, mudlarking ...
  - was popular with restaurant staff.
  - was normally done by boat owners.
  - was a common hobby for young people.
  - was a way for some elderly people to get money.
- What does the author say about Steve Brooker?
  - He plans to give up this hobby soon.
  - He hopes he will find more coins soon.
  - He found coins used in only one period of history.
  - He discovered a person's bones while mudlarking.
- What advice does Steve offer other mudlarks?
  - It's a good idea to get a boat.
  - It's best to go mudlarking on all parts of the river.
  - They need to have a plan for when things go wrong.
  - They should travel up the river at different times of day.
- Steve says that success at mudlarking is linked to ...
  - the length of time you spend doing it.
  - the weather on the day you do it.
  - the tools you use to do it.
  - the location you do it in.
- Most modern mudlarks ...
  - keep what they find.
  - wash what they find and then sell it.
  - give what they find to somebody else.
  - hold on to what they find for some time and sell it later on.

**Progress Test Files 1-5**  
**Reading and Writing** **B**

2 Match five of the **highlighted** words / phrases to the definitions.

Example: the structure of bones in a person *skeleton*

- 1 to be in a very bad condition
- 2 returning to popularity
- 3 a type of earth that becomes heavy when it is baked and used to make things
- 4 worth a lot of money
- 5 unexpected or strange

	5
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Reading total		15
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**WRITING**

Write an article on one of the questions. Write 140–180 words.

- 1 What advice would you give to someone who wanted a healthier lifestyle?
- 2 In your country, what is in fashion for men and women at the moment?
- 3 What do you like to do in your spare time?

Writing total		10
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Reading and Writing total		25
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## Progress Test Files 1-5

### Listening and Speaking

**B**

#### LISTENING

- 1 Listen to five people talking about athletics. Choose from the list (A–H) what each person says they like most about their hobby. Use the letters only once. There are three phrases you do not need to use.

- A staying fit
- B going to different places
- C meeting well-known sports people
- D working with good coaches
- E can try different things
- F chance to take part in competitions
- G doing the best you can do
- H meeting new people

- Speaker 1:
- Speaker 2:
- Speaker 3:
- Speaker 4:
- Speaker 5:

5

- 2 Listen to two friends talking about a class they are going to join. Underline the correct answer.

- 1 Emma says that she **doesn't know anything about / has only basic knowledge of / is at a good level in** photography.
- 2 Jack would like to learn how to **cook more simple dishes / make more foreign dishes / do more desserts**.
- 3 Jack thinks he would find dancing classes **challenging / enjoyable / strange**.
- 4 Jack says that in art classes you can learn to paint **people / places / objects**.
- 5 Emma and Jack arrange to **fill in an application for the course / pay for the course together / meet just before the course starts**.

5

Listening total  10

#### SPEAKING

- 1 Answer your partner's questions.

Now make questions and ask your partner.

- 1 you believe / people can predict the future?
- 2 How important / clothes to you? Why?
- 3 What / do if / have a nosebleed?
- 4 How / deal with stress?
- 5 What / do if / lost in a forest?
- 6 What / last story you read?
- 7 What / do / this time next year?
- 8 What kind of weather / think / good for walking in the mountains?
- 9 What / most extreme weather conditions / ever experience?
- 10 When / last time you flew?

- 2 Talk about one of the statements below, saying if you agree or disagree. Give reasons.

- 1 'Young people shouldn't be allowed to drive until they are 21.'
- 2 'Children are at greater risk when playing outside than they were in the past.'
- 3 'People are under pressure to spend money on how they look.'

- 3 Listen to your partner. Do you agree with him / her?

Speaking total  15

Listening and Speaking total  25

## Progress Test Files 1-5

### Answer Key **A**

#### Grammar, Vocabulary, and Pronunciation

##### GRAMMAR

- 1**
- 1 were
  - 2 haven't read
  - 3 do
  - 4 've been having
  - 5 'll have finished
  - 6 knows
  - 7 wasn't wearing
  - 8 spoke / could speak
  - 9 would have passed
  - 10 was talking
  - 11 've done
  - 12 have you been sitting
  - 13 'd been climbing
  - 14 Have you asked
  - 15 'll be having
  - 16 'd left
- 2**
- 1 I'm not sure where I've left my laptop.
  - 2 I bought a lovely little brown Italian bag yesterday.
  - 3 We hardly ever have time for a big breakfast.
  - 4 I bet you wish you hadn't come to this lecture.
  - 5 The sooner we set off, the quicker we'll get there.
  - 6 I'll call you as soon as I arrive.
  - 7 Who are you buying that big red hat for?
  - 8 I went to the police station to report that someone had stolen my car.
  - 9 It was such hot weather we decided to have a barbecue.
  - 10 The woman wasn't badly injured in the accident.
  - 11 We'd been driving for hours before we realized we were lost.
  - 12 Do you have any idea where the bus station is?
- 3**
- 1 have had
  - 2 weren't
  - 3 Did
  - 4 The rich
  - 5 little
  - 6 always late
  - 7 gets
  - 8 The English
  - 9 tell
  - 10 does
  - 11 will
  - 12 a good

##### VOCABULARY

- 4**
- 1 aisle
  - 2 overwhelmed
  - 3 sore
  - 4 thick
  - 5 customs
  - 6 allergic
  - 7 bleeding
  - 8 heatwave
  - 9 flight
  - 10 pressure
- 5**
- 1 sandals
  - 2 drizzling
  - 3 nervous
  - 4 choking
  - 5 reclaim
  - 6 trendy
  - 7 disappointed
  - 8 at the moment
  - 9 matches
  - 10 tie
- 6**
- 1 basically
  - 2 delighted
  - 3 blister
  - 4 undress
  - 5 boiling
  - 6 hooded
  - 7 relieved
  - 8 loose
  - 9 pulse
  - 10 turbulence
- 7**
- 1 luggage
  - 2 Ideally
  - 3 specially
  - 4 hard
  - 5 still
  - 6 time
  - 7 up
  - 8 at
  - 9 dress up
  - 10 advantage

## Progress Test Files 1-5

### Answer Key **A**

#### PRONUNCIATION

- 8**
- 1 drought
  - 2 caught
  - 3 crew
  - 4 hijack
  - 5 homesick
  - 6 especially
  - 7 freezing
  - 8 nylon
  - 9 calm
  - 10 relieved
- 9**
- 1 poi|son|ing
  - 2 tem|pera|ture
  - 3 lone|li|ness
  - 4 fa|shio|na|ble
  - 5 a|li|e|na|tion
  - 6 e|spe|cia|lly
  - 7 change|a|ble
  - 8 de|vas|ta|ted
  - 9 sun|burn
  - 10 a|cco|mmo|da|tion

#### Reading and Writing

##### READING

- 1**
- 1 D
  - 2 A
  - 3 B
  - 4 C
  - 5 C
- 2**
- 1 caught out
  - 2 fall to pieces
  - 3 valuable
  - 4 escape route
  - 5 artefacts

#### WRITING

Student's own answers.

**Task completion:** The task is fully completed and the answer easy to understand. (4 marks)

**Grammar:** The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

**Vocabulary:** The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

#### Listening and Speaking

##### LISTENING

- 1**
- 1 G
  - 2 F
  - 3 A
  - 4 B
  - 5 H
- 2**
- 1 intermediate
  - 2 comfortable with
  - 3 she'd rather not take a dance class
  - 4 people
  - 5 send Emma information about the class

##### SPEAKING

**Interactive communication and oral production:** The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation, and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

**Grammar and Vocabulary:** The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

**Pronunciation:** The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

## Progress Test Files 1-5

### Answer Key **B**

#### Grammar, Vocabulary, and Pronunciation

##### GRAMMAR

- 1**
- 1 The rich
  - 2 does
  - 3 tell
  - 4 weren't
  - 5 little
  - 6 have had
  - 7 will
  - 8 gets
  - 9 Did
  - 10 always late
  - 11 a good
  - 12 The English
- 2**
- 1 wouldn't have passed
  - 2 'll be having
  - 3 'll have finished
  - 4 were
  - 5 wasn't wearing
  - 6 have you been sitting
  - 7 haven't read
  - 8 Have you asked
  - 9 've been having
  - 10 'd left
  - 11 do
  - 12 spoke / could speak
  - 13 was talking
  - 14 've done
  - 15 knows
  - 16 'd been climbing
- 3**
- 1 Who are you buying that big red hat for?
  - 2 I went to the police station to report that someone had stolen my car.
  - 3 Ela is wearing a nice new striped dress today.
  - 4 I'm not sure where I've left my laptop.
  - 5 The woman wasn't badly injured in the accident.
  - 6 I bought a lovely little brown Italian bag yesterday.
  - 7 We'd been driving for hours before we realized we were lost.
  - 8 Do you have any idea what time the next bus will come?
  - 9 I bet you wish you hadn't come to this party.
  - 10 I will call you as soon as I arrive.
  - 11 The sooner we start, the earlier we'll finish.
  - 12 We hardly ever have time for a big breakfast.

##### VOCABULARY

- 4**
- 1 relieved
  - 2 cabin
  - 3 loose
  - 4 pulse
  - 5 basically
  - 6 delighted
  - 7 undress
  - 8 boiling
  - 9 hooded
  - 10 blister
- 5**
- 1 still
  - 2 time
  - 3 up
  - 4 specially
  - 5 advantage
  - 6 at
  - 7 dress up
  - 8 luggage
  - 9 Ideally
  - 10 hard
- 6**
- 1 matches
  - 2 reclaim
  - 3 at the moment
  - 4 disappointed
  - 5 tie
  - 6 choking
  - 7 drizzling
  - 8 sandals
  - 9 trendy
  - 10 nervous
- 7**
- 1 bleeding
  - 2 pressure
  - 3 heatwave
  - 4 flight
  - 5 aisle
  - 6 overwhelmed
  - 7 fog
  - 8 customs
  - 9 allergic
  - 10 sore

## Progress Test Files 1-5

### Answer Key **B**

#### PRONUNCIATION

- 8 1 a|li|e|na|tion  
 2 e|spe|cia|lly  
 3 change|a|ble  
 4 lone|li|ness  
 5 a|cco|mmo|da|tion  
 6 de|vas|ta|ted  
 7 sun|burn  
 8 poi|son|ing  
 9 tem|pera|ture  
 10 fa|shio|na|ble

- 9 1 freezing  
 2 relieved  
 3 calm  
 4 crew  
 5 homesick  
 6 caught  
 7 hijack  
 8 drought  
 9 especially  
 10 nylon

#### Reading and Writing

##### READING

- 1 1 D  
 2 D  
 3 C  
 4 B  
 5 C
- 2 1 break down  
 2 making a comeback  
 3 clay  
 4 valuable  
 5 extraordinary

#### WRITING

Student's own answers.

**Task completion:** The task is fully completed and the answer is easy to understand. (4 marks)

**Grammar:** The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

**Vocabulary:** The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

#### Listening and Speaking

##### LISTENING

- 1 1 G  
 2 F  
 3 A  
 4 B  
 5 H

- 2 1 doesn't know anything about  
 2 do more desserts  
 3 challenging  
 4 objects  
 5 meet just before the course starts

##### SPEAKING

###### Interactive communication and oral production:

The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

**Grammar and Vocabulary:** The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

**Pronunciation:** The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

## PROGRESS TEST FILES 1-5

### Listening 1

**Speaker 1** What's the best thing about athletics for me? Well, it keeps me really fit ... there's no doubt about that. And I get to go out and about a lot with all the competitions we enter. That's a real bonus actually. But, I'd say the really great thing is the way it lets me push myself to do better and be the best that I can be.

**Speaker 2** There are so many things I love about athletics, really. I'm very competitive, and I love any chance to try and beat the others. And obviously I love it when I do well. Winning makes me happy! And I suppose it's nice being able to spend time with the other athletes too, though I don't get on well with some of them.

**Speaker 3** I really love athletics. I've met some great people through it ... even well-known ones ... and we travel all over the place to compete. That doesn't happen all the time of course, but one thing that never changes is the fact that it really helps us all to stay in great shape. And that's by far the best thing for me.

**Speaker 4** I've been to some very interesting towns and cities with the athletics club. I think that's one of the best things about being a member. And of course all those trips give me a chance to catch up with the others' news as well ... we're all so busy with other things, we don't have much time for a social life together!

**Speaker 5** I love competing ... there's no doubt about that ... and I enjoy working with my coach. What's been the biggest bonus for me is that I've made a lot of friends through this hobby. It was quite lonely when I first came here.

## PROGRESS TEST FILES 1-5

### Listening 2

**Jack** Hi Emma, how are you?

**Emma** Oh, hi Jack. I'm fine. So, what's new with you?

**Jack** Well, I'm thinking about doing some night classes at the local college because I wouldn't mind trying something new. Fancy joining me?

**Emma** Great idea! What have they got?

**Jack** Let's see ... there's a photography course – that looks good, though I'd say I'm probably a bit more advanced than beginner level. Yeah, probably somewhere around intermediate.

**Emma** To be honest, I haven't a clue about photography. And anyway, apart from that, I don't think I'd go for it because it can end up being quite expensive.

**Jack** I suppose you're right. So, let's see what else they've got on this list ... hmm ... what about cookery?

**Emma** Right ... I wouldn't mind that, actually. I mean I'm confident that I know the basics and stuff, but it'd be nice to take it up a level ... you know, have a go at something more adventurous.

**Jack** Yeah, me too. Especially sweet things ... so cookery's a possibility for both of us then ... cool. OK ... what about dancing? They've got lots of classes.

**Emma** You know I love dancing! It's not something I'd want to take classes in, though ... I'd rather just enjoy doing it naturally when I'm out with friends. Do you know what I mean?

**Jack** I'm glad you said that actually! I ... er ... have a feeling the dance floor's not somewhere I'd be at my best!

**Emma** Ha ha! You mean you have two left feet! Is there anything else interesting?

**Jack** There are some art classes. It says here that students learn how to paint landscapes and still life ... you know, bowls of fruit or flowers and so on. That sounds alright, doesn't it?

**Emma** Well, I'm really into art, but if I were going to do classes I think I'd rather try out portraits ... I could paint you!

**Jack** Hmm ... it's probably not a bad thing that portrait-painting classes aren't available then!

**Emma** So, it looks like we're going to be rolling our sleeves up in the kitchen?

**Jack** Yeah ... sounds like a good plan. I'll email you the details right away, OK? And I can take care of the payment for both of us.

**Emma** OK. Thanks a lot ... we can sort out the money later. And thanks for asking me. See you outside college for the first class then!

**Jack** OK. That's fine. See you there. Bye!

**Emma** Bye!