

8 Grammar, Vocabulary, and Pronunciation **A**

GRAMMAR

1 Complete the second sentence so that it means the same as the first.

Example: They gave her the job immediately.

She was given the job immediately.

- Local farmers find items from the war here.
Items from the war _____
here by local farmers.
- More people will probably visit the museum this year.
The museum _____ by more people this year.
- You have to switch off your phone inside the library.
Phones _____ inside the library.
- They were restoring some paintings at the time we went.
Some paintings _____ at the time we went.
- Do you like people asking you personal questions?
Do you like _____ personal questions?
- They have discovered new information about Stonehenge.
New information about Stonehenge _____.
- A helmet should be worn when cycling.
You _____ a helmet when cycling.
- People regard Shakespeare as a genius.
Shakespeare _____ as a genius.
- Companies oughtn't to call people in the evenings.
People _____ by companies in the evenings.
- It's impossible to learn to drive in a week.
You _____ to drive in a week.

10

2 Put the words in the correct order to make sentences.

Example: I a have in new put had bathroom

I have had a new bathroom put in.

- Would painted you to portrait have your like
Would _____?
_____?
- Our have need to cleaned their windows neighbours
Our _____.
- She repaired her to have roof had
She _____.
- I'm to my professionally photo taken going have
I'm _____.
- We'll our soon boiler replaced have
We'll _____.
- My car has garage serviced at her that mother
My _____.
- I've friend by flat decorated a my had
I've _____.
- Why cut her your did have hair daughter
Why _____?
_____?
- They shopping have always their delivered
They _____.
- Sam changed tomorrow is the locks having
Sam _____.

10

Grammar total 20

8 Grammar, Vocabulary, and Pronunciation **A**

VOCABULARY

3 Complete the sentences. Write one word in each gap. They are all related to keeping fit, hair, and beauty treatments.

Example: I don't like my hair all the same colour.

I prefer **highlights**.

- 1 Treat yourself to a **m**_____ – your hands will look good afterwards.
- 2 Brian uses his **r**_____ machine every day to strengthen his arm muscles.
- 3 Of course Tracey's tan is **f**_____. She never goes out in the sun.
- 4 My feet felt like new after the **p**_____. It was worth the money.
- 5 Have a good **str**_____. That's it – put your arms and legs out straight.
- 6 Ellie was bored with her hair colour, so she had it **d**_____ pink!
- 7 My teenage son's **fr**_____ is so long that he can't see where he's going.
- 8 **W**_____ is the best way to get rid of hair on your legs.
- 9 Sara had her hair **p**_____ up when she got married, and looked very elegant.
- 10 When my sister was small, her long hair was always in **pl**_____.
- 11 If you don't want to run in the streets, use a **cr**_____ - **tr**_____ in a gym.
- 12 Your **p**_____ isn't straight. Where's your comb?
- 13 I asked the hairdresser for a **tr**_____, but she cut off too much.
- 14 Ben has strong arms and can do 50 **pr**_____ - **u**_____.

14

4 Complete the sentences. Write one word in each gap. They are all related to history and war.

Example: An organized group of soldiers is an **army**.

- 1 A country with a king or a queen is a **m**_____.
- 2 A **c**_____ war is a war between groups of people in the same country.
- 3 A fight between soldiers on different sides is a **b**_____.
- 4 An attempt by many people to change a government, often using violence, is a **r**_____.
- 5 The ruler of a country is also known as the **l**_____.
- 6 A large gun on wheels is a **c**_____.

6

Vocabulary total 20

PRONUNCIATION

5 Match the words with the same sound.

quarter ~~start~~ afterwards
bargain reward dark

Example: **army** start

- 1 standard _____
- 2 warm _____, _____
- 3 army _____, _____

5

6 Underline the stressed syllable.

Example: ma|ni|cure

- 1 high|lights
- 2 ae|ro|bics
- 3 ex|er|cise
- 4 ma|ssage
- 5 re|lax|ing

5

Pronunciation total 10

Grammar, Vocabulary, and Pronunciation total 50

8 Reading and Writing **A**
READING

Read the article about a weekly running race called Parkrun. Five sentences have been removed. Choose from the sentences A–G the one which fits each gap (1–5). There is one extra sentence which you do not need to use.

Parkrun – the craze that’s sweeping the country

Parkrun is a five-kilometre run that takes place at around 200 locations across Britain, from the far north of Scotland to the most southern tip of Cornwall. **0** **G** And with runners in countries such as Denmark, Poland, and Afghanistan also putting on their running gear and getting out there at the same time, the event is not limited to Britain.

When the run is over, every runner’s time is posted on the Parkrun website, or texted to their mobile phone by midday. This means that friends and family members running at different Parkrun sites can compete with each other.

1 The organizers of Parkrun, however, insist that the run is not intended to be a competitive race.

According to the organizers, the idea behind Parkrun is very simple. **2** People don’t mind getting up for nine o’clock on Saturdays because then the rest of the weekend is free for other activities. Another advantage is that once runners have registered on the website, they can turn up and run at any Parkrun event at any time. Some runners are so keen to improve their speeds that they do the run week after week. Regular Parkrunners include 80-year-olds, as well as schoolchildren. No one is ever turned away, no matter how old they are. Hannah Willett started when she was eight,

after seeing a Parkrun near her home. Now, four years later, she is one of the few runners to have completed over 150 Parkruns, hardly missing a week, and covering an amazing 760 kilometres.

The standard varies. **3** Running next to them may be professional athletes. One Olympic runner has completed the five kilometres in just under 14 minutes. But while some come to break records, others just take part for the reward of a cup of coffee and some cake, and the chance to catch up with their friends.

The first Parkrun was held in 2004 near London with just 13 runners. It grew slowly at first, with a few venues added each year. But Parkrun has gained a massive number of fans in recent years. **4** If this trend continues, which seems likely, there will soon be 100,000 regular weekly runners.

There are Parkruns in cities such as London, Manchester, and Sheffield. **5** These offer wonderful scenery, and sometimes go past ancient buildings and monuments. There are still some parts of the south-west and central England that do not have a local event, but the organization has plans to fill these gaps within a few months.

- A** The most popular runs, however, are in areas of unspoilt countryside.
B Many runners also try to beat their own personal best times.
C In fact, the number of runners each year has doubled.
D Perhaps this is the secret of its success.
E But none of that is important really.
F Some may walk the course, perhaps because they are recovering from injuries, and take well over an hour.
G At exactly 9 a.m. every Saturday morning, around 25,000 runners are ready to set off.

WRITING

Write an article about keeping fit for a local magazine (140–180 words).

‘The best way to get and stay fit.’

Include the following information:

- say why fitness is important in people’s lives
- suggest different ways people can get some exercise
- explain the importance of also having a healthy diet

Writing total	10
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Reading total	15
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Reading and Writing total	25
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8 Listening and Speaking **A**

LISTENING

- 1 Listen to a talk on a famous British historical figure. Choose the correct answer.
- People may not know that Winston Churchill was good at ____
A painting.
B writing.
C journalism.
 - At boarding school, Churchill ____
A saw his parents every week.
B seldom saw his parents.
C only had visits from his father.
 - Churchill seemed to be inspired by ____ during his early career.
A other politicians
B his friends
C his father
 - Churchill's speeches during the war ____
A tried to hide the reality from people.
B made people realize how serious the situation was.
C gave people all over the country hope.
 - Churchill's ____ also became a politician.
A daughter
B son
C granddaughter

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- 2 Listen to five people talking about doing exercise. What does each person say is important to them?
- having a range of ways to exercise
 - not being bored while doing exercise
 - going to the gym a certain number of days
 - doing a small amount each day
 - exercising in the fresh air
 - avoiding public transport

- Speaker 1
- Speaker 2
- Speaker 3
- Speaker 4
- Speaker 5

	5
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Listening total		10
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SPEAKING

- 1 Make questions and ask your partner.
- What / you do / stay healthy?
 - / you think / diet / your country / healthy? Why / Why not?
 - Should parents allow / children / eat fast food? Why / Why not?
 - Who / be / most famous historical person / your country?
 - If you could be / famous person from history / one day, who / you like / be? Why?
- Now answer your partner's questions.
- 2 Talk about the statement below, saying if you agree or disagree. Give reasons.
 'History should not be a school subject, but something we can read about by ourselves.'
- 3 Listen to your partner talking about history. Do you agree with him / her?

Speaking total		15
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Listening and Speaking total		25
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8 Grammar, Vocabulary, and Pronunciation **B**

GRAMMAR

1 Put the words in the correct order to make sentences.

Example: I a have in new put had bathroom
I have had a new bathroom put in.

- 1 My car has garage serviced at his that father
My _____.
- 2 They delivered shopping have usually their
They _____.
- 3 Sara locks tomorrow having is the changed
Sara _____.
- 4 Would painted you to portrait have your like
Would _____?
- 5 Our have need to cleaned their windows
neighbours
Our _____.
- 6 I've friend by house decorated a my had
I've _____.
- 7 We'll our soon kitchen replaced have
We'll _____.
- 8 Why daughter her your cut did have hair
Why _____?
- 9 I'm to my professionally photo taken going
have
I'm _____.
- 10 He repaired his to have roof had
He _____.

	10
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2 Complete the second sentence so that it means the same as the first.

Example: They gave her the job immediately.
 She *was given* the job immediately.

- 1 People regard Shakespeare as a genius.
Shakespeare _____ as a genius.
- 2 They have discovered new information about Stonehenge.
New information about Stonehenge _____.
- 3 More people will probably visit the palace this year.
The palace _____ by more people this year.
- 4 It's impossible to learn to drive in a week.
You _____ to drive in a week.
- 5 You have to switch off your phone inside the library.
Phones _____ inside the library.
- 6 They were restoring some paintings at the time we went.
Some paintings _____ at the time we went.
- 7 Companies oughtn't to call people in the evenings.
People _____ by companies in the evenings.
- 8 Local farmers find items from the war here.
Items from the war _____ here by local farmers.
- 9 A helmet should be worn when cycling.
You _____ a helmet when cycling.
- 10 Do you like people asking you personal questions?
Do you like _____ personal questions?

	10
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Grammar total	20
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8 Grammar, Vocabulary, and Pronunciation B

VOCABULARY

3 Complete the sentences. Write one word in each gap. They are all related to history and war.

Example: An organized group of soldiers is an **army**.

- 1 An attempt by many people to change a government, often using violence, is a **r**_____.
- 2 The ruler of a country is also known as the **l**_____.
- 3 A large gun on wheels is a **c**_____.
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4 Complete the sentences. Write one word in each gap. They are all related to keeping fit, hair, and beauty treatments.

Example: I don't like my hair all the same colour.

I prefer **highlights**.

- 1 I asked the hairdresser for a **tr**_____, but she cut off too much.
- 2 If you don't want to run in the streets, use a **cr**_____ - **tr**_____ in a gym.
- 3 Your **p**_____ isn't straight. Where's your comb?
- 4 Antonio has strong arms and can do 50 **pr**_____ - **u**_____.
- 5 Have a **m**_____ - your hands will look good afterwards.
- 6 Manolo uses his **r**_____ machine every day to strengthen his arms.
- 7 When my sister was small, her long hair was always in **pl**_____.
- 8 Of course Belinda's tan is **f**_____. She never goes out in the sun.
- 9 My feet felt like new after the **p**_____. It was worth the money.
- 10 Have a good **str**_____. That's it - put your arms and legs out straight.
- 11 Suzy was bored with her hair colour, so she had it **d**_____ pink!
- 12 My teenage son's **fr**_____ is so long that he can't see where he's going.

13 **W**_____ is the best way to get rid of hair on your legs.

14 Carla had her hair **p**_____ up when she got married, and looked very elegant.

14

Vocabulary total 20

PRONUNCIATION

5 Underline the stressed syllable.

Example: ma|ni|cure

- 1 re|lax|ing
- 2 ma|ssage
- 3 ae|ro|bics
- 4 high|lights
- 5 ex|er|cise

5

6 Match the words with the same sound.

standard ~~start~~ warm bargain army quarter

Example: dark start

- 1 dark _____, _____
- 2 afterwards _____
- 3 reward _____, _____

5

Pronunciation total 10

Grammar, Vocabulary, and Pronunciation total 50

8 Reading and Writing **B**

READING

Read the article about a weekly running race called Parkrun. Five sentences have been removed. Choose from the sentences A–G the one which fits each gap (1–5). There is one extra sentence which you do not need to use.

Saturday fitness

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after seeing a Parkrun near her home. Now, four years later, she is one of the few runners to have completed over 150 Parkruns, hardly missing a week, and covering an amazing 760 kilometres.

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There are Parkruns in cities such as London, Manchester, and Sheffield. **5** These offer wonderful scenery, and sometimes go past ancient buildings and monuments. There are still some parts of the south-west and central England that do not have a local event, but the organization has plans to fill these gaps within a few months.

- A And this may be why it has been so successful.
 B But runs in areas of beautiful countryside are the ones that most people sign up for.
 C But none of that is important really.
 D The number of people taking part each year has actually doubled.
 E Some take a long time to cover the course, perhaps because they've been injured in some way.
 F Some runners also try to improve their running time.
 G At exactly 9 a.m. every Saturday morning, around 25,000 runners are ready to set off.

WRITING

Write an article about keeping fit for a local magazine (140–180 words).

'The best way to get and stay fit.'

Include the following information:

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- suggest different ways people can get some exercise
- explain the importance of also having a healthy diet

Writing total 10

Reading total 15

Reading and Writing total 25

8 Listening and Speaking **B**

LISTENING

- 1 Listen to a talk on a famous British historical figure. Choose the correct answer.
- Some people don't realize that Winston Churchill was also a great ____
A soldier.
B artist.
C writer.
 - Churchill ____ while he was at boarding school.
A had family visitors every week
B went home every weekend
C wrote letters every week
 - At the beginning of his political career, Churchill was influenced by ____
A his father.
B other politicians.
C his friends.
 - Churchill is still remembered for his ____ speeches.
A serious
B inspirational
C carefully-worded
 - Churchill's ____ has published a book about his life.
A son
B grandson
C daughter

	5
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- 2 Listen to five people talking about doing exercise. What does each person say is important to them?
- A** exercising has to be enjoyable
B doing exercise in a natural environment
C only using public transport when necessary
D doing a little regularly
E going to the gym a certain number of days
F having a variety of exercise types

- Speaker 1
 Speaker 2
 Speaker 3
 Speaker 4
 Speaker 5

	5
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Listening total		10
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SPEAKING

- 1 Make questions and ask your partner.
- How / you keep fit / healthy?
 - / you think children should / allow sweets every day? Why / Why not?
 - Are meals / schools / your country healthy? Why / Why not?
 - Who / be / famous historical person / you respect?
 - / you rather read historical books / watch historical films? Why?
- Now answer your partner's questions.
- 2 Talk about the statement below, saying if you agree or disagree. Give reasons.
 'It would be interesting to spend a day living like our ancestors did hundreds of years ago.'
- 3 Listen to your partner talking about history. Do you agree with him / her?

Speaking total		15
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Listening and Speaking total		25
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Grammar, Vocabulary, and Pronunciation**GRAMMAR**

- 1**
- 1 are found
 - 2 will probably be visited
 - 3 have to be switched off
 - 4 were being restored
 - 5 being asked
 - 6 has been discovered
 - 7 should wear
 - 8 is regarded
 - 9 oughtn't to be called
 - 10 can't learn
- 2**
- 1 Would you like to have your portrait painted?
 - 2 Our neighbours need to have their windows cleaned.
 - 3 She had to have her roof repaired.
 - 4 I'm going to have my photo taken professionally.
 - 5 We'll have our boiler replaced soon.
 - 6 My mother has her car serviced at that garage.
 - 7 I've had my flat decorated by a friend.
 - 8 Why did your daughter have her hair cut?
 - 9 They always have their shopping delivered.
 - 10 Sam is having the locks changed tomorrow.

VOCABULARY

- 3**
- 1 manicure
 - 2 rowing
 - 3 fake
 - 4 pedicure
 - 5 stretch
 - 6 dyed
 - 7 fringe
 - 8 Waxing
 - 9 put
 - 10 plaits
 - 11 cross-trainer
 - 12 parting
 - 13 trim
 - 14 press-ups
- 4**
- 1 monarchy
 - 2 civil
 - 3 battle
 - 4 revolution
 - 5 leader
 - 6 cannon

PRONUNCIATION

- 5**
- 1 afterwards
 - 2 quarter, reward
 - 3 bargain, dark
- 6**
- 1 highlights
 - 2 aerobics
 - 3 exercise
 - 4 massage
 - 5 relaxing

Reading and Writing**READING**

- 1 B
- 2 D
- 3 F
- 4 C
- 5 A

WRITING

Student's own answers.

Task completion: The task is fully completed and the answer easy to understand. (4 marks)

Grammar: The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

Vocabulary: The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

Listening and Speaking**LISTENING**

- 1 1 A
2 B
3 C
4 C
5 B

- 2 1 D
2 F
3 B
4 A
5 E

SPEAKING**Interactive communication and oral production:**

The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

Grammar and Vocabulary: The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

Pronunciation: The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

Grammar, Vocabulary, and Pronunciation**GRAMMAR**

- 1**
- 1 My father has his car serviced at that garage.
 - 2 They usually have their shopping delivered.
 - 3 Sara is having the locks changed tomorrow.
 - 4 Would you like to have your portrait painted?
 - 5 Our neighbours need to have their windows cleaned.
 - 6 I've had my house decorated by a friend.
 - 7 We'll have our kitchen replaced soon.
 - 8 Why did your daughter have her hair cut?
 - 9 I'm going to have my photo taken professionally.
 - 10 He had to have his roof repaired.

- 2**
- 1 is regarded
 - 2 has been discovered
 - 3 will probably be visited
 - 4 can't learn
 - 5 have to be switched off
 - 6 were being restored
 - 7 oughtn't to be called
 - 8 are found
 - 9 should wear
 - 10 being asked

VOCABULARY

- 3**
- 1 revolution
 - 2 leader
 - 3 cannon
 - 4 monarchy
 - 5 battle
 - 6 civil
- 4**
- 1 trim
 - 2 cross-trainer
 - 3 parting
 - 4 press-ups
 - 5 manicure
 - 6 rowing
 - 7 plaits
 - 8 fake
 - 9 pedicure
 - 10 stretch
 - 11 dyed
 - 12 fringe
 - 13 Waxing
 - 14 put

PRONUNCIATION

- 5**
- 1 re|lax|ing
 - 2 ma|ssage
 - 3 ae|ro|bics
 - 4 high|lights
 - 5 ex|er|cise
- 6**
- 1 bargain, army
 - 2 standard
 - 3 warm, quarter

Reading and Writing**READING**

- 1 F
- 2 A
- 3 E
- 4 D
- 5 B

WRITING

Student's own answers.

Task completion: The task is fully completed and the answer easy to understand. (4 marks)

Grammar: The student uses appropriate structures to achieve the task. Minor errors do not obscure the meaning. (3 marks)

Vocabulary: The student uses a sufficient range of words and phrases to communicate the message clearly. (3 marks)

Listening and Speaking**LISTENING**

- 1 1 B
2 C
3 A
4 B
5 C

- 2 1 D
2 C
3 A
4 F
5 B

SPEAKING**Interactive communication and oral production:**

The student communicates effectively with his / her partner, asking and answering simple questions, and where necessary initiating conversation and responding. The student uses appropriate strategies to complete the task successfully. (5 marks)

Grammar and Vocabulary: The student uses a sufficient range of vocabulary and structure to communicate clearly. Minor occasional errors do not impede communication. (5 marks)

Pronunciation: The student's intonation, stress, and articulation of sounds make the message clear and comprehensible. (5 marks)

Listening Scripts

FILE 8

Listening 1

Good afternoon everyone, and welcome to today's short talk in our series 'Important Historical Figures'. Today I'm going to talk about Winston Churchill – one of the most important figures in British history in the last century.

Now, Winston Churchill had many roles in life. You probably know him as Prime Minister of the United Kingdom during World War II. And at various times in his life he was also an author, a soldier, and a journalist. What many people don't know, however, is that he was also a talented painter.

Churchill was born on 30 November 1874, near Woodstock in Oxfordshire. In keeping with the tradition at that time, he spent much of his childhood at boarding school. He was rarely visited there by his mother, despite his weekly letters home begging her to either come, or let his father allow him to go home. He had a close relationship with his mother, but a distant one with his father, who was a politician, even though Winston followed his career closely. When he finished school, he enrolled in the Royal Military College in Sandhurst, and graduated two years later.

As the son of a prominent politician, it's perhaps unsurprising that Churchill soon became involved in politics himself. He started speaking with several friends at a number of political meetings in the 1890s, and it was noticeable in the first years of his career that he frequently used terms that his father had used. It seemed as if he was determined to continue his father's political battles from 15 years earlier.

Over the next 30 years, Churchill held several different positions before becoming Prime Minister of the UK in 1940. The country was less than a year into World War II at that time. He made several speeches during the war period which are remembered to this day for the inspiration they gave to the people of this nation during a very difficult time. He also maintained very good relations with the American President, Franklin D. Roosevelt.

Churchill married Clementine Hozier in 1908. They went on to have five children: Diana, Randolph, Sarah, Marigold, and Mary, who has written a book on her parents. Churchill's son, Randolph, and grandson, Winston both followed him into politics. Churchill himself retired from politics in 1964. In early 1965, he became seriously ill and passed away on 24 January, 70 years to the day of his father's death. He is buried, at his request, near Woodstock – the place where he was born.

FILE 8

Listening 2

- 1 Well, even though I'm pretty busy with work and life in general, I try and make sure I get at least half an hour's exercise every day. It doesn't mean I go to the gym all the time, far from it – I just do simple things like not taking the elevator at work, or going out for a short walk around the block after lunch every day.
- 2 I only go to the gym once a week. I know I should really be going at least three times, but I've got a lot on with my studies. So, to make up for it, I cycle into university most days and I try not to use the bus – only when there's heavy rain. And I think it's working because I feel really fit these days.
- 3 I'm not the world's biggest fan of gyms – they're not exactly exciting! I don't think I'm in great shape at the moment, but I'm working on it. For me, exercise has to be fun, so I joined this really cool dance class called 'zumba'. It's a mixture of dance and exercise in one and we have a real laugh. I've made loads of new friends too.
- 4 I go to the gym a couple of mornings before work, and then I'll go for a run or a cycle some evenings after work. For me it's all about mixing it up a bit. I'd be so bored just repeating the same old thing all the time. That's where people go wrong I think. And then they just give up!
- 5 I hate gyms. I mean, why would anyone want to spend hours under the same roof as lots of other hot, sweaty people, especially when you could be out in the park or going for a run along the river or somewhere like that? That's what I do and I wouldn't exercise any other way!