

**V = Val**      **P = Paul**      **Ph = Phil**      **E = Elizabeth**      **EI = Elin**  
**L = Luke**

- V:** Hi. There are a lot of things that I'd like to do that I've never done before. I'm not really a dare-devil, so things like bungee jumping are not really my cup of tea but I do know that trying new things makes you feel good. Today, I'm going to talk to people about trying new things and achievement. How do you feel about trying new things?
- P:** I'm up for trying new things. Depends what they are, obviously, there's some things I wouldn't try, but I'd give most things a go.
- Ph:** I always enjoy trying new things. I like to meet new people and try new food, see new places, see different things. It's always nice to see that.
- E:** I love to try new things. I love to travel.
- EI:** If you try new things, you get more out of life, I think.
- L:** I'm always up for new things. I love travelling; I love trying exotic new foods, all that sort of stuff; seeing new cultures.
- V:** What stops you from trying new things?
- EI:** Fear, probably.
- Ph:** Time and money complicates trying new things. It's hard to find time to travel and it's hard to afford enough money to travel as well.
- P:** I suppose, if it were dangerous and I could get injured.
- L:** Probably, at the moment, school – I don't have a lot of time, I've got a lot of work. Money, as well.
- E:** If it's very dangerous; or if my stomach just can't handle it; or if I don't have money.
- V:** What have you achieved in your life that makes you feel proud?
- Ph:** I'm very proud that I was able to go to Ethiopia and build houses for people who needed it. And, being a part of that team was really special to me.

- P:** I've written plays and people come to see the plays and enjoyed them. And I've gone out and performed in front of, I suppose, thousands of people now and they've laughed.
- E:** I guess finishing school with a high level and – so far not a lot – but I've learnt French better than I thought I would so I'm proud of that I guess. I'm still learning.
- L:** Probably proudest achievement is getting A grades in my end of year exams – helping me to get a place at university.
- EI:** Well, I feel that I've become quite a good person and I guess I'm proud of that.
- V:** Who do you admire for their achievements and why?
- L:** Probably business leaders such as Richard Branson as he started off as, as hardly anything and then he built a huge business empire and he's a multimillionaire.
- E:** I admire my grandmother, actually. She's not around anymore, but she was a teacher like I want to be and she taught me so much about life.
- P:** Nelson Mandela, I admire him a lot because, not only because he was imprisoned, which, and he survived that for many years and wasn't bitter. When he came out of prison I was more impressed with him becoming Prime ... you know, leading South Africa and holding the country together and changing a country. Not many people have the ability or the skills to do that.