

6A COMMUNICATIVE Strange but true?

- Read the tips and decide which ones you think are true.
- Compare your answers with a partner and discuss why you think the tips are true or false.

In the house

- If you **need to** disinfect sponges and cloths in a hurry, wash them in hot water and then put them in the microwave for one minute. They'll be 100% germ-free.
- Artificial flowers made of material can get very dirty. No problem! All you **have to** do is put them in a large plastic bag, add one spoon of salt, and then shake the bag for a few minutes.
- Do you have a dirty computer screen? Then this is what you **should** do. Mix 10ml of lemon juice with 100ml of mineral water. Wipe the screen gently with this mixture. You **must** remember to disconnect your computer first, of course!
- You **needn't** ever worry about chopping onions again. It's well-known that wearing swimming goggles while you're cutting onions will stop the tears. But if you don't have any goggles, you **should** simply eat some bread while you're cutting.
- Have you been cooking with garlic or cleaning with bleach? If you want your hands to smell fresh again, all you need is a stainless steel spoon. You wash your hands with water as usual, but you've **got to** hold the spoon in both hands. Then your hands won't smell anymore!



Beauty

- Oh no! There's a spot on your nose the day before a big event. You **don't need to** worry though, because there's an easy solution. Just put some toothpaste onto the spot and leave it overnight. The next morning, the spot will be less visible.
- Did you know that you **shouldn't** dye your hair just before you go to hospital for an operation? If you do, your hair might turn a strange colour.
- When you see a grey hair on your head, you **mustn't** ever pull it out. If you do, two more grey hairs will grow in its place.
- Are you suffering from spots or acne, even though you are no longer a teenager? If so, the problem might be your favorite treat. Doctors often say that people **mustn't** eat chocolate if they want to have a good complexion.
- Are you going on a beach holiday soon? Do you want to save some money by making yourself a cheap, safe suntan lotion? All you **have to** do is mix 100ml of your favourite body lotion with four tablespoons of lemon juice or white wine vinegar and two teaspoons of iodine. Reapply every two hours.



Health and fitness

- Everyone knows that bananas contain potassium. But did you know that if you're trying to get pregnant and you want a baby girl, you **ought to** eat a banana for breakfast every day? Eating a banana will increase your chances of a girl by 11%!
- Those of you who do sports know that you **oughtn't to** stretch before doing exercise. You should only do it afterwards.
- How many times did you ask your parents, 'Can I go swimming now?' after having lunch on the beach? You probably **had to** wait an hour until your food had 'gone down'.
- However, research shows that you **don't have to** wait. It's not dangerous to go into the water after a meal.
- People who want their brains to work well and grow healthily **should** eat fish at least twice a week. Fish contains Omega 3 and 6, which are both essential for our brains to work well.
- Something you **shouldn't** do is go outside with wet hair. If you do, then you'll catch a cold. So be careful when you wash your hair in December, especially if you are in a hurry!



SOLUTIONS OF COMMUNICATIVE 6A

In the house

1 T

2 F: Use sugar, not salt.

3 T

4 T: Make sure that part of the bread is outside your mouth while you're chewing - it soaks up the onion fumes.

5 T

Beauty

1 T: Toothpaste contains menthol, antibacterial agents, and detergents.

2 T: People are often nervous before an operation, which means they perspire excessively. For some people, this perspiration discolours dyed hair.

3 F: Only one hair will grow back.

4 F: Spots aren't caused by diet, but by hormones.

5 F

Health and fitness

1 f: It's true if you'd prefer a boy.

2 T

3 T: The blood your body needs to digest food has no effect on the muscles you need to swim.

4 T

5 F: Colds are caused by a virus.

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