

ELEMENTARY UNIT 5

1 Work in pairs and discuss.

- 1 When you eat outside, do you usually cook your food outside or bring a picnic from home?
- 2 When you eat outside, what kind of food do you usually eat?

2 Read the text and answer the questions.

- 1 What is a hāngi?
- 2 When do people have hāngis?
- 3 What kind of food do they eat?



Hāngi - a barbecue underground!

A hāngi is a traditional Māori* barbecue. It's an old, old tradition and people in New Zealand prepare hāngis on special family occasions.

It takes five to six hours to prepare a hāngi. The first step is to dig a large hole in the ground. Then you build a big fire in the hole and put some special volcanic stones** in the fire. The stones stay in the fire for two to three hours. The stones need to be very, very hot to cook the food.

While the fire is burning, the rest of the family prepare the food. There's fish, chicken and lamb as well as potatoes, cabbage and other vegetables. The food goes into large metal boxes. When the fire stops burning, you put the food boxes in the hole with the hot stones and finally you cover the hole with earth.

After two to three hours of very slow cooking, the food is ready to eat. When the boxes come out of the hole, the smell is just fantastic! After all the hard work and preparation, everybody is very hungry and the food tastes absolutely delicious!

* the native population of New Zealand

** stones from volcanoes can stay hot for a long time

3 Read the text again. Number the actions a)–g) in the correct order. Two actions happen at the same time.

- a) make a fire _____
- b) dig a hole _____
- c) prepare the food _____
- d) eat! _____
- e) wait for the fire to get hot _____
- f) put the food in the hole _____
- g) wait for the food to cook _____

4 Decide if the sentences are true (T) or false (F). Correct the false sentences.

- 1 This is a new way of cooking food.
- 2 It takes a long time to make the food.
- 3 You cook the food on an open fire.
- 4 There are a lot of different kinds of food.
- 5 You put the hot stones in the box with the food.
- 6 The food doesn't smell very good.

5 Would you like to try hāngi food? Why/Why not?

6  5.1 Listen to Sarah talking about Thanksgiving, a traditional family celebration in the USA. What is the most important thing about this tradition?

7 Listen again and complete the summary using the words in the box.

together cooking vegetables important
family turkey Thursday

Thanksgiving is an ¹ _____ family celebration in the USA. It takes place on the fourth ² _____ in November. People travel from all over the country to be ³ _____ and spend the day ⁴ _____ and eating. The main food is ⁵ _____ with ⁶ _____. All the ⁷ _____ help with the preparations.

8 Think of a special occasion in your country where families come together. Answer the questions.

- 1 What is the occasion?
- 2 When does it take place?
- 3 What do you do?
- 4 Do you eat any special food? If yes, what?

9 Work in pairs. Talk about the special occasion you chose in Exercise 8.