



## Worksheet A

1 *How was your last meal in a restaurant?*

- a It was delicious.
- b It was all right.
- c It was awful.

2 *How was the last programme you watched on television?*

- a It was interesting.
- b It was OK.
- c It was boring.

3 *How was your last English homework?*

- a It was easy.
- b It was all right.
- c It was difficult.

4 *How was your last holiday?*

- a It was fantastic.
- b It was OK.
- c It was terrible.

5 *How was your last birthday present?*

- a It was lovely.
- b It was all right.
- c It was horrible.

6 *How was the last restaurant you went to?*

- a It was very quiet.
- b It was OK.
- c It was very noisy.

**Mostly as:** You are a 'glass half-full' person. You have a positive outlook on life. Or maybe you are just very lucky! But don't be afraid to say when you don't like something!

**Mostly bs:** You are neither a 'glass half-full' nor a 'glass half-empty' person. You have a neutral outlook on your life but don't be afraid to say what you like and don't like!

**Mostly cs:** You are a 'glass half-empty' person. You have a slightly negative outlook on life. Or maybe you are just unlucky! But don't be afraid to say when you like something!

*Count the number of a, b and c answers.*

## Worksheet B

1 *How was your lunch yesterday?*

- a It was delicious.
- b It was all right.
- c It was awful.

2 *How was the last film you watched in the cinema?*

- a It was interesting.
- b It was OK.
- c It was boring.

3 *How was your last English exam?*

- a It was easy.
- b It was all right.
- c It was difficult.

4 *How was last weekend?*

- a It was fantastic.
- b It was OK.
- c It was terrible.

5 *How was your last present?*

- a It was lovely.
- b It was all right.
- c It was horrible.

6 *How was the last party you went to?*

- a It was very quiet.
- b It was OK.
- c It was very noisy.

**Mostly as:** You are a 'glass half-full' person. You have a positive outlook on life. Or maybe you are just very lucky! But don't be afraid to say when you don't like something!

**Mostly bs:** You are neither a 'glass half-full' nor a 'glass half-empty' person. You have a neutral outlook on your life but don't be afraid to say what you like and don't like!

**Mostly cs:** You are a 'glass half-empty' person. You have a slightly negative outlook on life. Or maybe you are just unlucky! But don't be afraid to say when you like something!

*Count the number of a, b and c answers.*